



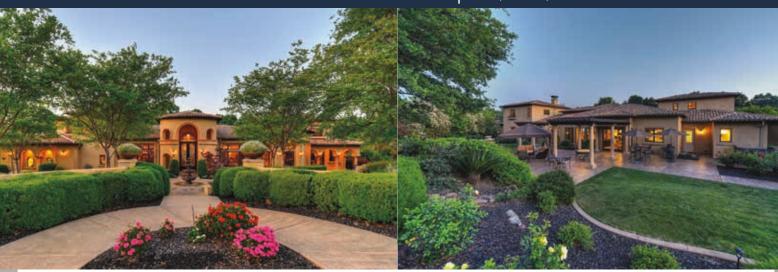
Pat Seide Group

GLOBAL LUXURY.

916.712.1617 or 916.941.3006

www.pat-seide.com • patricia.seide@cbnorcal.com

3866 ERRANTE DRIVE | \$1,795,000



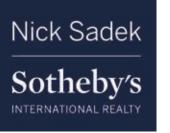
Spacious home perfect for entertaining. Serrano Country Club custom estate on private corner lot. Expansive great room with bar, and stone fireplace. Chef's kitchen boasts professional grade appliances. Main floor master suite, office, formal dining, living room and bedroom suite. Upstairs bonus room, two beds and bath and separate guest suite or bonus room. Soothing waterfall, outdoor fireplace, multiple patios and grassy areas for entertaining.

5448 SUR MER DRIVE | \$1,369,000



Savor amazing sunsets from this exceptional Serrano CC custom home. Formal dining features an adjoining butler's pantry, while the family room & chef's kitchen offer a veranda for indoor to outdoor entertaining. A romantic master suite features a fireplace, dual vanities, spa tub, and coffee bar w/ refrigerator. The lower level offers a game room, fireplace, bar and two additional beds and baths. Views are plentiful from the backyard oasis.





#1 Top Closer in Placer County in Luxury Homes for 2010-2018!











5835 VALLE VISTA CT GRANITE BAY, CA 95746



1829 PARK OAK DR. Roseville, CA 95661



3460 N LAKESHORE BLVD. **LOOMIS, CA 95650**



1714 LADINO RD SACRAMENTO, CA 95864



5701 GRANITE BEND COURT GRANITE BAY, CA 95746



6262 CALLE MONTALVO CIR. GRANITE BAY, CA 95746



8830 BELLA TERRA PLACE GRANITE BAY, CA 95746



8540 WILLOW GATE CT GRANITE BAY, CA 95746



7965 HALEY DRIVE GRANITE BAY, CA 95746

9217 SIERRA COLLEGE BLVD #120 Roseville, CA 95661

2277 FAIR OAKS BLVD., #460 SACRAMENTO, CA 95825

916.966.4444

WEBSITE: NICKSADEKSIR.COM CALDRE LIC #00970410 EMAIL: NICK.SADEK@SOTHEBYSREALTY.COM



Don't want to wait for hair removal services?

Make Stat MD your destination for smooth summer skin.

The New Year is just 6 months away.

Don't delay your resolution!

See a new you now with

Fat Reduction & Body Shaping.

MDSTAT URGENT CARE STATMD SPA

3860 El Dorado Hills Blvd #601 El Dorado Hills, CA 95762 Phone: 916.805.5000

OPEN 7 DAYS A WEEK



Face & Hair | Body | Laser | Men & Woman Injectables | Medical Grade Facials



CUSTOM JEWELRY DESIGN

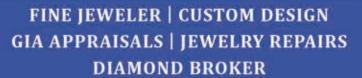






BRING IN YOUR BLING...

WE'LL MAKE YOUR OLD JEWELRY INTO NEW HEIRLOOMS THAT WILL TRANSCEND GENERATIONS.





El Dorado Hills Town Center 4357 Town Center Blvd #118 | El Dorado Hills, CA 95762 info@talismancollection.com | (916) 358-LOVE (5683)



EVERYTHING OLD IS NEW AGAIN!



www.n2pub.com

© 2019 Neighborhood Networks Publishing, Inc.

'THE HILLS LIVING' Jenny Thurman
PUBLISHER 530-321-2090

jenny.thurman@n2pub.com

CREATIVE TEAM N2 Publishing Design Team



Question of the month:

What if there was a firm that could save you more money than an accountant and could, unlike financial advisors, ensure your portfolio never lost value?

Answer:

We help business owners get their K-1s down and can help those that have retirement portfolios from the years and years it takes to recover from a crash.

> www.WestCoastSwissGroup.com or Sales@WCSwissGroup.com



Contributor Mark Gabhart, VP, WCSG

(Co-Founder and Former Head Securities Trader on Wall Street)

Individual & Business Solutions Executive Strategies



IMPORTANT

PHONE NUMBERS

SCHOOLS

(916) 399-1900Bergamo Montessori School at Serrano(530) 677-2261Buckeye Union School District(916) 933-3797Busy Bees Pre-school(916) 608-6500Folsom Lake College

(916) 521-1835 The Gift of Kids Daycare and Preschool

(916) 933-0100 Golden Hills School **Guiding Hands School** (916) 939-0553 (916) 933-1828 Jackson Elementary School (916) 933-0652 Lake Forest Elementary School (916) 941-2600 Lakeview Elementary School (916) 933-3993 Marina Village Middle School (530) 677-9818 Oak Meadow Elementary School (916) 933-6980 Oak Ridge High School (916) 936-2333 Rising Sun Montessori School (916) 933-9290 Rolling Hills Middle School (916) 933-3767 Silva Valley Elementary School

EMERGENCY

William Brooks Elementary School

(530) 622-1110 California Highway Patrol
(530) 621-5655 El Dorado County Sheriff's Office
(916) 993-6623 El Dorado Hills Fire Department
(916) 933-2273 Marshall Medical Center
(916) 983-7400 Mercy Hospital Folsom
(916) 509-1087 Placer Rattle Snake Hotline
(916) 941-9222 MD Stat Urgent Care

UTILITIES

(530) 295-2800 El Dorado Disposal

(800) 743-5000 PG&E **(888) 742-7683** SMUD

(916) 933-6618

LOCAL SERVICES

(916) 358-3500 El Dorado County Library

(916) 933-6624 El Dorado Community Services District

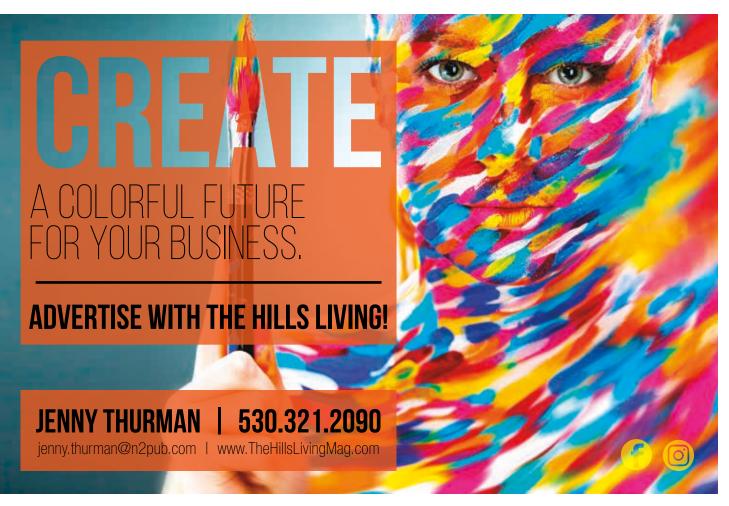
(916) 939-0168 El Dorado Hills Post Office

DISCLAIMER: Any articles included in this publication and/or opinions expressed therein do not necessarily reflect the views of N2 Publishing but remain solely those of the author(s). The paid advertisements contained within the *The Hills Living* magazine are not endorsed or recommended by N2 Publishing or the publisher. Therefore, neither N2 Publishing nor the publisher may be held liable or responsible for business practices of these companies. **NOTE:** When community events take place, photographers may be present to take photos for that event and they may be used in this publication.

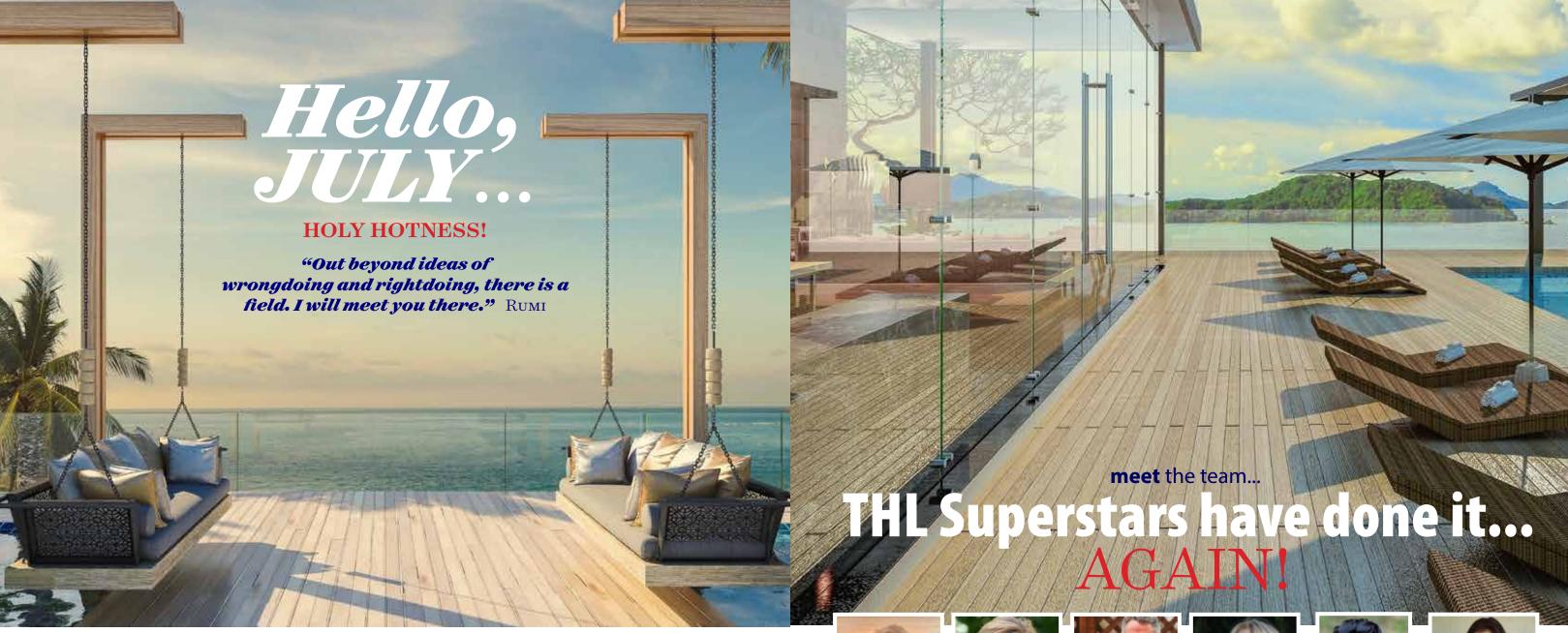








6 The Hills Living • July 2019 • The Hills Living 7



Thurman

publisher's note

Hello, Friends and Neighbors,

What? How did July get here so quickly? Does that mean half the summer is already over? If you haven't had some family fun in the sun, get ON it! Time flies by way too fast.

I know many of you have gone on some FABULOUS vacations. So, please get in touch with Erica Kitson and get scheduled to share your travels. We NEED you! You know you like reading our "Travel Mania" page!

We also would LOVE to photograph your FABULOUS home or yard! Ken Mahar can come in the fall or spring when your yard is looking it's best. Then we can save it for an upcoming issue. Please contact Erica and she can get you scheduled. Please see our contact info below.

The July issue is packed full! Meet the Khorram family. Fall in LOVE with Kodi, the beautiful Akita, who goes EVERYWHERE with his mom and dad (Nancy and Dan Stebbins)! Travel with Bill and Carol Estee to seven countries in 11 days. Could you keep up with them? I know I couldn't! Catch runner Ceonna Pipion if you can! She graces our Athletic Accolades feature this month. Try Kat Andrade's Kung Pao Brussels Sprout recipe, and let us know what you think! Tour our living spaces home...a golfer's retreat! And SO much more. Read on and enjoy.

Remember to spread JOY wherever you go...An attitude of gratitude changes your own heart!



Jenny & Scott...Photo by Jody Soria Photography

Until August, Jenny Thurman - 530.321.2090 Erica Kitson - 650.678.1948







Photographer



Tech Guru



Ken Mahar...

Athletic Accoldades



Danielle Konya...



Content Director



Social Media Director



Tamara Berg... Culinary Queen



Julius Spring... Website Manager

Thanks to ALL my team for sharing your talent with us every month! You are HIGHLY valued and appreciated. Please help me welcome Laine Weis to

our team. She took Madison's place and will be writing our Athletic Accolades page for the next couple of years. Laine is a VERY gifted writer. We are lucky to have her join the THL family!

8 The Hills Living • July 2019



This section has been created to give you easier access when searching for a trusted neighborhood vendor to use. Take a minute to familiarize yourself with the businesses sponsoring the publication. These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting the publication!

APPLIANCE REPAIR/PARTS/SERVICE

Edwards A-1 Appliances

(530) 622-4273

ATTORNEY - FAMILY LAW

Lisa Wible Wright Law

(916) 564-6262

ATTORNEY - TRUST & ESTATE

Sheri Hoffman

(916) 985-2753

HoffmanAndHoffman.com

AUTO REPAIR & SERVICE

TrueCare Automotive

David Long

(530) 787-5277

TrueCareAutomotive.com

CONCRETE RESURFACING

Richardson's Concrete Effects Mark & Gina Richardson

(916) 944-3145

ConcreteFix.net

CONSTRUCTION, REMODELING & HARDSCAPES

 $JH\ Construction$

(916) 747-5883

JustinHicksConstruction.com

CUSTOM CLOSETS/GARAGES

Closet Gallery Darria Deatherage

(916) 933-0001

AClosetGallery.com

DENTIST / GENERAL / COSMETIC / IMPLANTS

Jonah Tabrizi DDS

(916) 941-1515

DrJonahTabrizi.com

DIVORCE FINANCIAL PLANNING

Russel Phelps

(916) 351-0000

RusselPhelps.com

DOG DAYCARE/OVERNIGHTS/ GROOMING

Dogtopia

(916) 764-3647

Dogtopia.com/SacNimbusWinery/

DOORS/CUSTOM-ENTRY/SCENIC & MORE

The Window and Door Shop

(916) 273-8831

WindowAndDoorShop.com

ELECTRICIAN/ELECTRICAL CONTRACTOR

Modern Edison Electric Scott Voqeli

(916) 642-9426

ENTERTAINMENT/TEAMBUILDING/ EVENTS

Enchambered

Enchambered.com

FAMILY/BUSINESS WEALTH STRATEGIES

West Coast Swiss Group

(916) 799-0104

WestCoastSwissGroup.com

FINANCIAL SERVICES / RETIREMENT

PLANNING Russel Phelps

(916) 351-0000

RusselPhelps.com

FITNESS/PERSONAL TRAINER/

LIFESTYLE

KRICKFIT Michael Krick

(415) 707-9912

KrickFit.com

FLOORING - CARPET - HARDWOOD -

LAMINATE On Point Flooring

Nick Moores

(916) 542-3333

OPFloors.com

GARAGE DOORS

Haney Door Service

(916) 534-4538

haneydoor.com

GARAGE FLOORING/EPOXY & CABINETS

Ultimate Garage Floors Pam East

(877) 843-0007

UltimateGarageFloors.com

HAIR STYLIST / COLOR EXPERT

Hair by Michelle

Michelle Abbruzzese **5009 Windplay Drive**

Suite 2

El Dorado Hills, CA 95762

(916) 549-1832

HEATING & COOLING

Norcal Mechanical Heating and Cooling

> **Brad Nichols** (530) 677-5559

NorcalHeatingAndCooling.com

HOME AUTOMATION

Republic Elite Integration

(916) 329-1950

HOME RESTORATION & REPAIR

RBI

(916) 933-0362

TrustRBI.com

HOME THEATER

Republic Elite Integration

(916) 329-1950

INSURANCE - AUTO - HOME

Goosehead Insurance

Stefan Leer (210) 259-1648

GooseHeadInsurance.com

INTERIOR DESIGN / KITCHEN & BATH

Gold Ridge Cabinets & Design

Marcia Lenci (916) 542-2257

GoldRidgeCabinets.com

JEWELER

Talisman Jewelry

(916) 358-5683

TalismanCollection.com

LANDSCAPE DESIGN AND CONSTRUCTION

Greenland Landscape Construction Inc

George Lopez

(530) 621-1459

LANDSCAPER

Martinez Landscaping Bencho Martinez

(916) 308-1771

LIGHTING/HOME FURNISHINGS/ POTTERY

Lighting Unlimited

(530) 676-4716

Lighting U.com

MED SPA

Stat MD

(916) 941-9222

MDStatUrgentCare.com

OPTOMETRY/EYE WEAR

Bidwell Optometry Jennifer Wademan

(916) 983-0896

BidwellOptometry.com **PAINTER-INTERIOR/EXTERIOR &**

CABINETS Nick Mays Painting

NickMaysPainting.com

PHOTOGRAPHER

Ken Mahar (650) 504-1393

Ken-Mahar-Photos.com

PHOTOGRAPHY - PORTRAITS /

WEDDINGS Maximum Joy Photography Annette Kelly

(916) 505-4799

MaximumJoyPhotography.com

PHOTOGRAPHY: FAMILY, PETS & HEADSHOTS

Jody Soria Photography Jody Soria

(916) 947-6226

POOL MAINTENANCE/REPAIRS/ PARTS

Viking Pool Maintenance

(209) 418-8522

VikingPoolMaintenance.com

PRESCHOOL-SPANISH IMMERSION

Step by Step, Paso a Paso

Melissa Mendoza (650) 219-4048

StepByStepChildren.com

PROPERTY MANAGEMENT

Housing Centric

(530) 321-2090 HousingCentric.com

REAL ESTATE - NEIGHBORHOOD SPECIALIST

Erica Kitson Realtor

Erica Kitson (650) 678-1948 EricaKitson.com

REAL ESTATE OWNER/BROKER

Nick Sadek Sotheby's International

Realty

(916) 966-4444 nicksadeksir.com

REAL ESTATE SPECIALIST - LUXURY

Tierney Real Estate Group

(916) 524-2276

TierneyRealEstate.com

REALTOR

Kathy Brill Burk

(916) 768-4288 KathyBrillBurkHomes.com

Stephani & Donna Menser

(916) 289-9866 EDHrealtor.com

Pat Seide Group

(916) 941-3006 PatSeide@cbnorcal.com

July 2019 • The Hills Living 11

10 The Hills Living • July 2019

RESTAURANT/BAR/CATERING

Rudy's Hideaway Lobster House

12303 Folsom Blvd

Rancho Cordova, CA 95742

(916) 351-0606

RudysHideaway.com

RESTAURANT/JAPANESE/SUSHI

Hisui Sushi

(916) 985-7778

HisuiSushi.com

SECURITY & SURVEILLANCE

Republic Elite Integration

(916) 329-1950

SENIOR / ASSISTED LIVING

Eskaton

(916) 334-0810

Eskaton.org

WINDOW CLEANING

All Bright Window Cleaning Rory Nelson

(916) 217-5250

WINDOW/GUTTER CLEANING, POWERWASHING

Sierra Vista Maintenance Kelly Salas

(916) 844-2353

sierravistamaintenance.com

WINDOWS/CUSTOM-FOLDING & MORE

The Window and Door Shop

(916) 273-8831

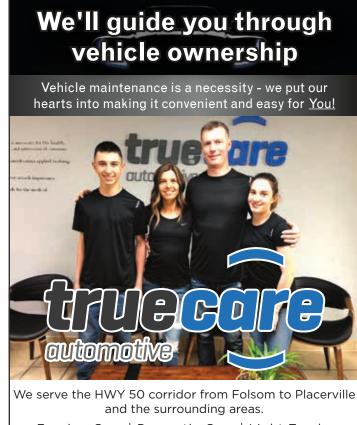
WindowAndDoorShop.com

WOMEN'S DESIGNER CLOTHING

Runway Boutique

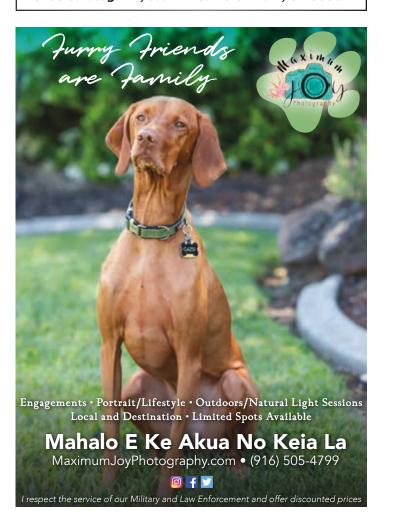
(916) 933-6300

www.runway-boutique.com



Foreign Cars | Domestic Cars | Light Trucks

(530) 212-6109 • www.truecareautomotive.com 3293 Saratoga Ln, Ste. B • Cameron Park, CA 95682



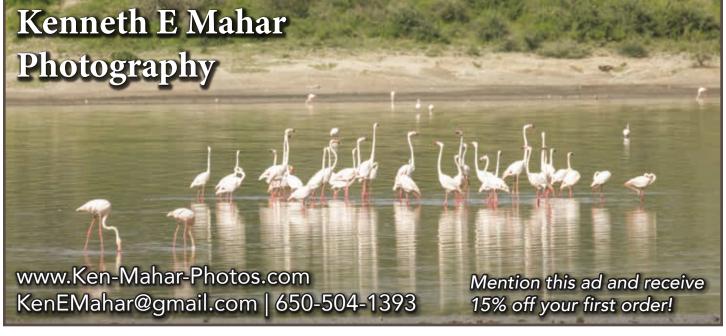


Call, text or email now for a free estimate

916-844-2353

sierravistamaintenance@gmail.com sierravistawindowandguttercleaning.com







When disaster strikes— RBI makes a difference **RBI** provides custom home and business

owners with a complete path to restoration whenever disaster strikes.

- Experience Quality Craftsmanship
- RBI

Taking Restoration to the Next Level Fire • Water • Disaster

TrustRBI.com • 916.933.0362

THE FAMILY NEXT DOOR!

Residents. Kambiz & Armaghan

Photo Credit: Annette Kelly.. Maximum Joy Photography

Khorram

Family member names: The Khorram family: Ariana, Arya, Armaghan and Kambiz

Profession(s): Armaghan is the Head of School at Golden Hills School and Kambiz is an optometrist with his own practice, El Dorado Hills Vision Center Optometry.

Activities/Hobbies: We love to travel and greatly enjoy reading together! Most of our weekends involve spending time with family and friends and we really enjoy these special moments together with those we love!

Park/Play Area/Hangout: The kids love the local park by our house! Arya enjoys playing soccer and Ariana loves the playgrounds and swings! There is something for everyone!

Restaurants: We really enjoy eating out as a family! Our kiddos love Mimi's, Bella Bru, Red Robin, Relish and Sienna's Sunday brunch! We also always love eating a good Kabob at Kolbeh Kabob in Orangevale! We always enjoy a good patio, too!











Vacation Destination: We love traveling and spending quality family time together. Our favorite vacation destinations have been Mexico, Canada, Turkey and Costa Rica!

Sports: Soccer and hockey fans. Love watching FIFA World Cup soccer and the NHL.

TV Show/Movies: We really enjoy watching movies as a family on weekends, when we have the opportunity! Some of our favorites include Mr. Bean's Holiday, Ferdinand, Boss Baby and Sing! We also enjoy watching Ellen's "Game of Games" as a family!

Family Dinner: We love dinner time because we each take a turn and share about our day. It is such a wonderful bonding session as we each wind down from our busy days!

College/University: Armaghan got her Bachelor of Arts (BA) from the University of Victoria in Canada, her Bachelor of Education (BEd.) from the University of British Columbia in Canada and her Master of Education (MEd.) also from the University of British Columbia. Kambiz got his Bachelor of Science (BSc.) from Chico State and his Doctor of Optometry (OD) from Illinois College of Optometry.

Where are you originally from? Armaghan grew up in Vancouver, Canada, and Kambiz grew up in Citrus Heights. Both of our families are originally from Iran.

Family Traditions: We love celebrating Nowruz, the Persian New Year, and making sure our kids grow up understanding and appreciating the Persian culture. This is a lovely season that lasts 13 days where we begin by visiting elders and then all friends and family, while the kids are spoiled by either getting money or presents. On the 13th day, we go to Folsom Lake and there is a huge community gathering with lots of food, music and fun times!

How long have you lived in Serrano? Three years in Serrano and seven years in El Dorado Hills. Prior to moving to El Dorado Hills, we lived in Folsom.

We moved to this area right before Arya was born because we knew it would be a wonderful place to raise children! We love the close community feel and family environment. It is truly a wonderful place to raise children! We also love the beautiful hills and serenity we are surrounded by.

If you have kids, what activities are they involved

in? Arya loves soccer and is beginning his second year of playing for El Dorado Hills Soccer Club. This year he has joined their comp team and is super excited about the challenge!

Ariana loves ballet and gymnastics. She has been doing ballet for the past two years, recently with Tutu Performing Arts and will soon be joining El Dorado Dance Academy and Tricks Gymnastics.

Anything else you want to share? Kambiz and I have been married for 11 years this August.

Arya is 6 and will be starting second grade at Golden Hills School this fall.

Ariana is 4 and will be starting Junior Kindergarten at Golden Hills School this fall.

We love being a part of and supporting this lovely community! Both of us work in El Dorado Hills and daily activities take place within the El Dorado Hills area! We barely have to leave the area and we love it! We are lucky, due to our professions and the kids' school and activities, to be able to support and be a part of the community and look forward to continuing to find various ways to give back and be involved!

July 2019 • The Hills Living 15 14 The Hills Living • July 2019





Resident &
Realtor...**Erica Kitson**

Photo Credit: **David Reed**

The Golfer's Retreat. Golf course view. Detached guest casita/in-law unit. Nestled along the 16th Fairway of Serrano Country Club, enjoy breathtaking views and watch the game from your backyard. Panoramic folding doors open to the backyard and bring the outside feel to this bright and beautiful home. Enjoy entertaining and evening barbecues while you dine by the outdoor fireplace. Hop into your golf cart and drive to the club for golf, tennis, swimming, gym and social events. Your out-of-town visitors can walk across the private courtyard into the highly desirable detached guest casita to enjoy their own private retreat. This "ACE" is your next destination.

Technology retrofitting puts this house beyond just wall-mounted TVs with a centralized equipment rack, iPad controllers, full wireless internet coverage, video cameras, networked HVAC controls, and audio speakers throughout. Includes the built-in iPads, charging stations and four mounted televisions.

Solid walnut wood flooring in the entire main house; Three skylight tubes; KitchenAid appliances; Brick and beam trim accents; Office; Bonus Room; Fountain; Master bedroom on main level with two walk-in closets; Two fireplaces.



















July 2019 • The Hills Living • July 2019



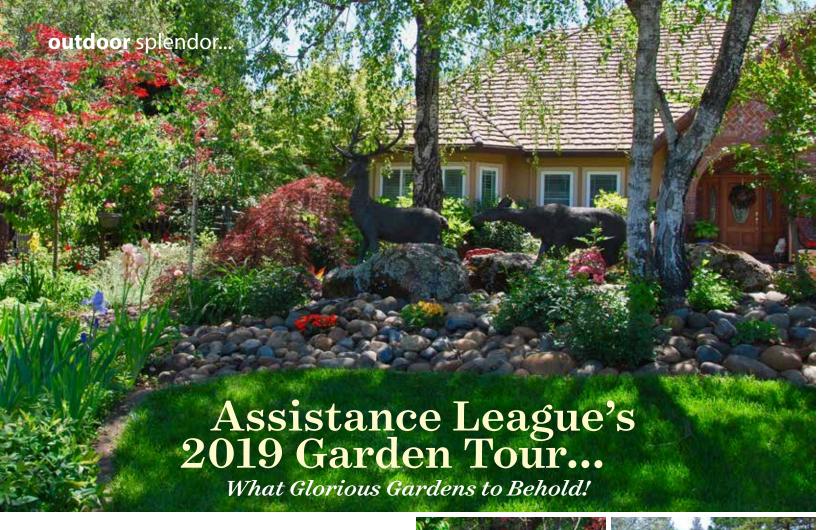








The Hills Living • July 2019 • The Hills Living **19**



Assistance League of the Sierra Foothills

Photos Credit: Robert Tyler This year's Assistance League® Sierra Foothills Garden Tour hosted six gardens and two specialty garden locations from Placerville to El Dorado Hills. The gardens included Asian-inspired gardens with koi ponds, orchards of maple trees, succulent and cacti gardens, a French country estate with a babbling brook, goats and chickens, a minimalist garden to demonstrate how to landscape with limited space, and a tranquil garden that boasted architectural features in contrast to vegetation. There were two demonstration gardens: One hosted by Marina Village Middle School in El Dorado Hills with students from the school Garden Club conducting garden tours and presenting "What I Like About Gardening," and the Sherwood Demonstration Garden in Placerville with UCCE Master Gardeners who educated the general public on sustainable horticulture and pest management.

New to the tour this year was the *Alice in Wonderland* Mad Hatter Garden Tea Party, which was a real hit with everyone who attended. The stars of the Tea were costumed *Alice in Wonderland* characters: The Mad Hatter (Dahn Kendall), Alice (11-year-old Elise Maxwell), Cheshire Cat (9-year-old Emma Maxwell), the Red Queen of Hearts (Charlet Burcin), the White Queen (Alice Carpenteria) and The White Rabbit (Lynn Mann).





All were beautifully decorated as Alice's wonderland of fantasy and included a scrumptious tea with the menu items apply named from characters in the book.

Our thanks to the event sponsors: Marshall Medical Center, El Dorado Savings Bank, Serrano, Pottery World and *Luxury Home* magazine. We also want to thank the many local businesses who adver-

tised in our brochure, our patrons for supporting our event and our members and community volunteers for making this event possible.

Assistance League of the Sierra Foothills 916.293.8869 www.AssistanceLeague.org/Sierra-Foothills alsierrafoothills@gmail.com

20 The Hills Living • July 2019

July 2019













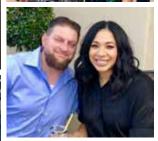
















Home • Auto • Motorcycle Umbrella • Renters • Life **Recreational • Other**



916.823.8759 4511 Golden Foothill Pkwy, Ste 2 El Dorado Hills, CA 95762

www.gooseheadinsurance.com/agents/stefan-leer



Steve & Amy's

Kickoff Party...

a SMASH hit!

Perfect Thyme Events

Alisonbrooke@hotmail.com

Follow us on Instagram:

@perfectthymeevents

Alison Buchanan

916.673.7776

Residents...

Cercone &

Amy Sussman













July 2019 • The Hills Living **23 22** The Hills Living • July 2019



EXPERIENCE MODERN AND

PERSONALIZED EYECARE

Dr. Jennifer Wademan, OD

Family eye care

916.983.0896

Resident.. Nancy Stebbins

prodigies.

In 2009, at 10 weeks old, Kodi became a lucky resident of Serrano. When we brought him home, he resembled a baby panda and, slowly over the course of a year, grew into a 100-pound gentle giant.

Kodi makes friends with people everywhere, and you can spot him walking in the mornings and evenings on the beautiful streets of Serrano. If you come to his home, you will be greeted with a warm welcome, excitement and tail wagging. He adores his guests.

Kodi is a well-traveled pooch with a busy social calendar. He's traveled as far as Oregon to attend a wedding and as far south as Santa Barbara for a 40th birthday party. He's visited more places in California than we can count, including San Francisco, Lake Tahoe, Fort Bragg, Napa, Amador and El Dorado wine regions, San Luis Obispo, Sea Ranch, Pebble Beach and his favorite place, Carmel by the Sea where we call him the honorary Mascot. His favorite walk in Carmel is on Ribera Beach, and his favorite restaurant is The Bench where he orders a hamburger. He's the only dog in Carmel to be welcomed into Sade's, a locals' bar. One of his favorite Carmel moments includes a nice smile from Robert Redford on a beach walk.

Over our 10 years with Kodi, we've been lucky enough to find numerous hotels and lovely Air-









BnB rentals that welcome big pets like Kodi. The Kimpton is his favorite hotel chain, because they cater to Kodi with all kinds of goodies and surprises. Even Uber has welcomed Kodi on a few occasions during our travels across town.

During an SPCA fundraiser event in 2010, a photographer spotted Kodi and asked if he could photograph him as a model for the Akita calendar. Sure enough, he was selected to be Mr. March 2012 for the calendar pin-up. We were proud parents.

At home, Kodi adores his two sibling cats named Rio and Blu and loves spending time in the shade sitting by the pool. When out in El Dorado Hills, his favorite store is Bark Avenue for food and baths, Home Depot for shopping with Dad, and EDH Town Center to meet and mingle with locals.

If you see us walking in town, please be sure to wave and say "Hello" to Kodi.



Before, During and After Divorce

Call For A Complimentary Initial Consultation

(916) 351-0000





Russel Phelps, CFP®, CDF® Private Wealth Advisor CERTIFIED DIVORCE FINANCIAL **ANALYST**

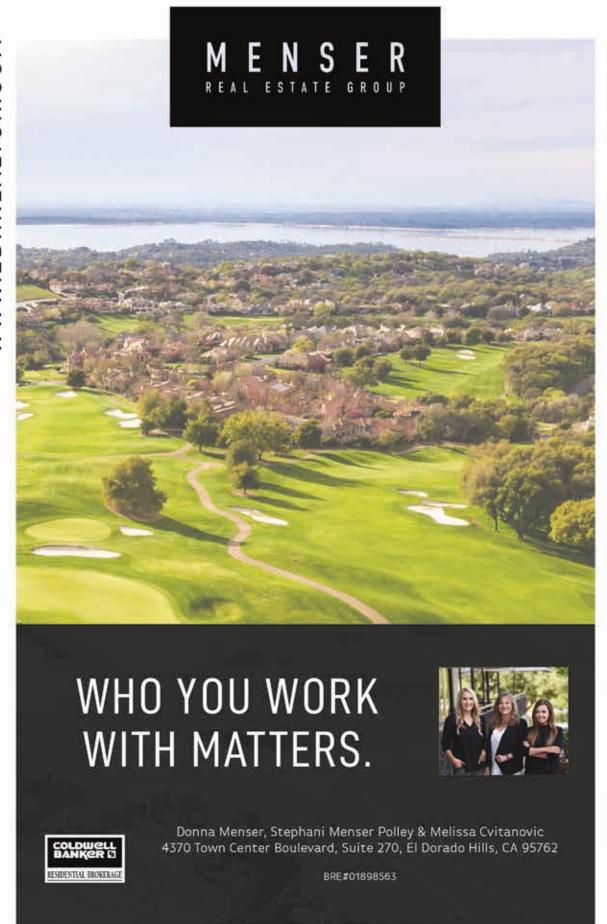
Trinity Wealth Advisors A private wealth advisory practice of Ameriprise Financial Services, Inc. 1130 Iron Point Road, Suite 150, Folsom, CA

Russel.l.phelps@ampf.com CA Insurance 0B18900

The initial consultation provides an overview of financial planning concepts. You will not receive written analysis and/or recommendations. Investment advisory services and products are made available through Ameriprise Financial Services, Inc., a registered investment adviser. Ameriprise Financial Services, Inc. Member FINRA and SIPC. © 2019 Ameriprise Financial, Inc. All rights reserved.



24 The Hills Living • July 2019 July 2019 • The Hills Living **25**



86.7766 2 9



Laine Weis

athletic accolades.

Ceonna Pipion, a rising senior at Vista Del Lago High School, attributes her great success in track to patience. Although it may seem that the key to success in track and field is absolute speed, Ceonna believes that trusting

her hard work will end up paying off, which proves to be true as Ceonna continues to achieve faster times and the personal goals she has set for herself.

Ceonna is no stranger to the sport of track and field. She started in fourth grade (eight years ago) through the elementary track and field program and has been running ever since. Her trainer, Coach Curtis Taylor, has been training Ceonna since seventh grade and has become one of her mentors. Ceonna has tried multiple events, on the field and track, throughout her running career, including the 300-meter hurdles, high jump and the 800-meter dash, but specializes in the 400, 200 and 100-meter dash. In her first year of high school, she won the Rookie Of The Year award, selected by coaches, and has since won MVP and the coaches "all league" which recognizes stand out high school players for their performance, leadership and sportsmanship. Not only was she recognized by the

area track and field coaches, but she was also recognized schoolwide when she ran the 400-meter dash in 54.48 seconds and the 200-meter dash in 24.26 seconds, shattering previous school records. During the 2019 season, Ceonna made it to the CIF State Championship Finals track meet. The state meet was special this year for Ceonna because she achieved the time she had been practicing for and was able to meet a long time idol, Tara Davis, the American Junior record holder in the indoor long jump.



Ceonna attributes her improvement in the sport to her competitive nature and the team environment at Vista Del Lago High School, which is always supportive and encourages her to work her hardest. Along with her supportive team, Ceonna believes it is helpful to have someone to look up to

for motivation. For her, that person is Sydney McLaughlin, who is a junior world record holder in the 400-meter dash and went pro at the age of 18. "It is encouraging to see a young female achieve so much in the sport that you're passionate about," says Ceonna. She hasn't decided where she will attend college but definitely intends to continue her running career into the collegiate level. As Ceonna continues to shatter school records and compete in state track meets, the sky's the limit for her.

"Don't expect to see results instantly, it takes time to progress, but if you stay driven and dedicated you should end up seeing the results you aspire to achieve." -Ceonna Pipion







WE GIVE WHERE WE LIVE...

REDDAY!

RED Day, which stands for Renew, Energize and Donate, is our annual day of service. Each year on the second Thursday of May, we celebrate RED Day as a part of our legacy worth leaving. Making a difference in the lives of others and bettering the communities that we serve lies at the heart of the Keller Williams culture. This observance defines who we are and is a natural extension of our commitment to the highest level of professional customer service. Over time, a growing number of our family members and friends continue to participate in this extraordinary event. It embodies the generous spirit and commitment associates have to "giving back" to the cities and towns they live and work in.

Rakes, lawn mowers and weed whackers, oh my! The Keller Williams Realty El Dorado Hills team cleared a lot in Cameron Park so that Habitat for Humanity can build two homes. The KW crew braved the poison oak and found some interesting items on the lot...a large tire, couch, random garbage bags of unknown contents and much more. Our team definitely got their workout in for the day and we all enjoyed the camaraderie of our fellow associates while making a difference in our community. We give where we live.

Keller Williams Realty El Dorado Hills 3907 Park Drive #220 El Dorado Hills, CA 95762 916.235.2700













At Eskaton Lodge Cameron Park, you'll find connections at every level. Stay connected with friends and family. Connect with staff. Stay connected to your community with Eskaton Connect, the next generation in smart living. With your tablet, you can view menus, events and share pictures. Or bring your own Alexa and use your voice to control the lighting in your apartment, call the front desk, ask for the events of the day, and more.

Call, click or come by today.



Eskaton Lodge Cameron Park Assisted Living 530-675-4171 License # 097001275 '



eskaton.org/elcp

Eskaton is a nonprofit provider of aging services, proudly serving Northern California for more than 50 years.



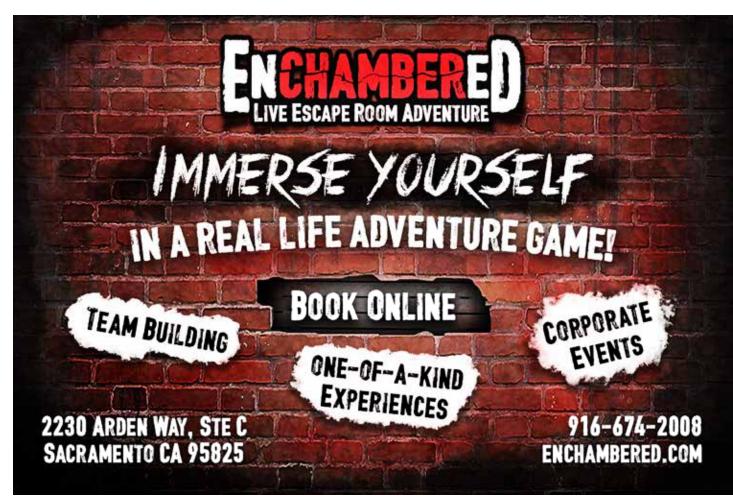












The Hills Living • July 2019

July 2019

sponsor feature...

KRICKFIT

TAKING PERSONAL TRAINING TO A WHOLE NEW LEVEL!

Sponsors... Michael & Meghan Krick It was a dream come true for family man Michael Krick to move out of the Bay Area and to the foothills last summer with his wife Meghan and two children, Henry (6) and Vivian (4). They've made their home nestled under the pine trees of Placerville but chose lively and beautiful El Dorado Hills for their business location.

Michael is a certified kinesiologist and, together with Meghan, owns and operates KrickFit, a unique personal training studio. Currently, the duo has two studio locations: The first in Marin County (where Michael has been voted three years in a row as "Marin's Best Personal Trainer") and the second here in El Dorado Hills. The Marin studio boasts the top trainers in the field and has been Michael's home base for the past five years. He still commutes occasionally for select clients but is concentrated on growing his presence here in the greater Sacramento area.

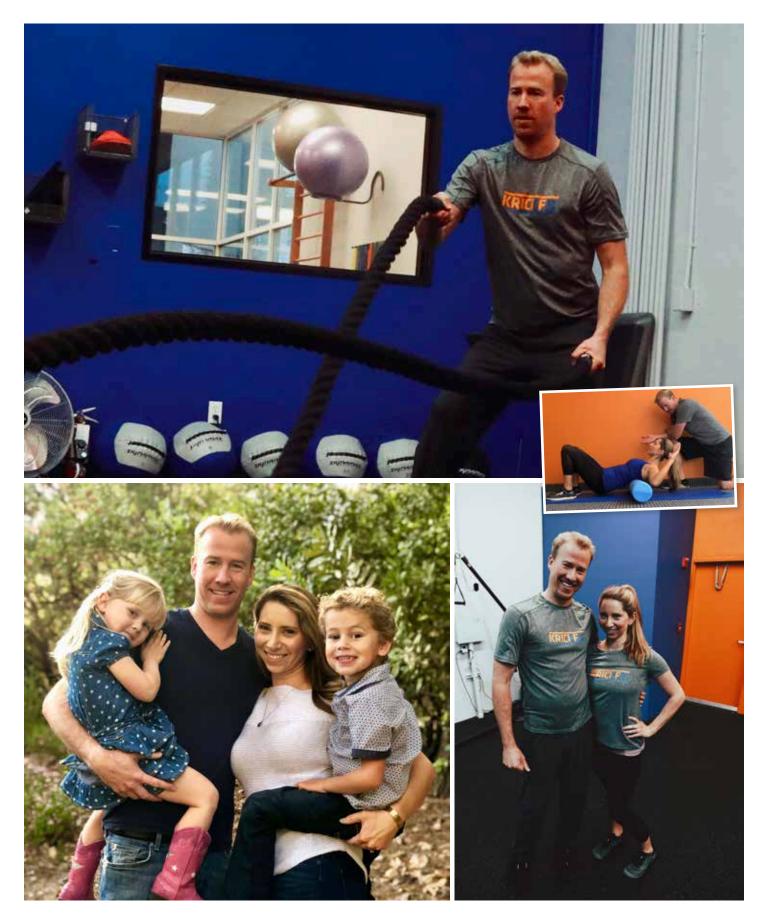
Michael's background is quite colorful; from bartender to boot camp instructor, he has climbed the education ladder and now holds the highest degrees in the industry. His passion for health and fitness goes back to adolescence, but the real tipping point in becoming a health practitioner came as a result of a freak accident when Michael shattered his femur bone. Lucky to be alive, he set a goal of his first triathlon exactly one year from his accident. It was then he decided his mission in life was to help people accomplish more with their bodies than they ever thought possible.

Michael does just that; from athletes to those recovering from injuries, from youth to seniors, from those with back pain to those looking to lose weight, Michael's clientele range widely. He is able to treat such a spectrum as a result of his prescription-based program design rooted in a unique assessment process.

Meghan Krick, Michael's wife, is the creative spark behind their business. It was with the birth of their first child, Henry, that she quit her corporate job and pushed them to ground Michael's mobile training



business into brick and mortar. Meghan is Michael's right and left hand, and can be seen leading specialty programs such as a running club and private yoga and meditation sessions. Now that their young children are both in school, she has decided to pursue a training accreditation through NASM and will be accepting clients this fall.



What sets the Kricks apart is their philosophy, which lies deep in holistic healing and concentrates not only on the longevity of life for his clients, but quality. Michael gives the analogy that true health is akin to a wheel – there are many facets involved: Nutrition, stress management, sleep and movement. The movement portion is what KrickFit specializes in, but holistic health coaching certainly comes into the picture. Michael also partners with like-minded health professionals in the community such as functional doctors, chiropractors, acupuncturists, nutritionists and massage therapists to bring a team approach to healing clients.

32 The Hills Living • July 2019 • The Hills Living **33**













The Hills Living • July 2019

rockin' recipes...

KUNG PAO BRUSSELS SPROUTS

Out of This World DELISH!



Andrade

Ingredients

- 2 Pounds of Brussels sprouts (trimmed and halved)
- · 3 Tablespoons vegetable oil
- 3/4 Teaspoon salt
- 1/2 Teaspoon black pepper
- 4 garlic cloves (chopped)
- 4 chopped scallions (white and light green part)
- · 1 Tablespoon finely chopped ginger
- 1 Teaspoon crushed red pepper flakes
- 1/4 Cup tamari or soy sauce
- 3 Tablespoons pure maple syrup
- 2 Tablespoons rice vinegar
- 1/4 Cup chopped salted roasted peanuts

Heat oven to 425°F with racks in upper and lower thirds. Toss 2 pounds Brussels sprouts (trimmed and halved) with 3 tablespoons vegetable oil, ¾ teaspoon salt, and ½ teaspoon



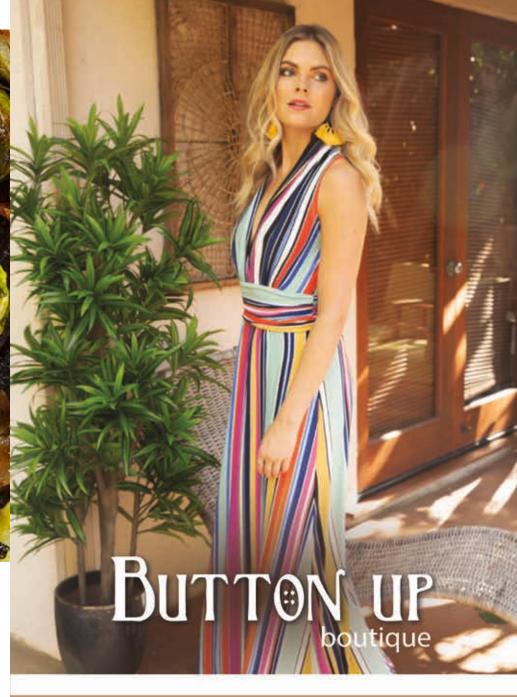


freshly ground black pepper on a rimmed baking sheet. You know those outer leaves that come loose when you cut the sprouts? Scoop 'em up and make sure they make it onto the sheet tray. In fact, the more, the better—they get extra charred and crunchy.

Transfer half the sprouts to a second rimmed baking sheet and spread them out so they're not overlapping (this will prevent them from steaming). Roast, tossing once and rotating top to bottom halfway through until browned and tender, about 20 minutes.

Meanwhile, heat 1 tablespoon vegetable oil in a small saucepan over medium heat. Add 4 chopped garlic cloves, the white and light green parts of 4 chopped scallions (save green parts for serving), 1 tablespoon peeled and finely chopped fresh ginger, and I teaspoon crushed red pepper flakes. Cook, stirring, until fragrant, about 30 seconds. Add 1/4 cup tamari or soy sauce, 3 tablespoons pure maple syrup, and 2 tablespoons rice vinegar. Increase heat to high, bring to a boil, then reduce heat and simmer until thickened, 2 to 3 minutes.

Pour the sauce over the sprouts and toss. Serve directly on the sheet tray, or transfer to a platter and top with reserved scallion greens, chopped salted roasted peanuts, and more crushed red pepper flakes, if desired. Serve immediately, or wait to toss the sprouts with the sauce until just before you're ready to eat.



VISIT OUR FOURTH STORE:

Runway runway-boutique.com

Designer Apparel & Accessories, Prom & Special Occasion Wear

Michael Stars Bailey 44 PAIGE

Nicole Miller Veronica M AS by DF

www.buttonupboutique.net









Now registering for the 2019-2020 school year. Reserve your child's spot today!

Did you know???

Our El Dorado Hills location will offer summer camps in June, July, and August. Register now!

El Dorado Hills Campus, Lake Forest Area 650-219-4048 • stepbystepchildren.com melissamendoza@stepbystepchildren.com







Recently I attended two of this magazine's excellent events - one at C.Knights and the other at Osteria Moto. I enjoy these events, as they provide another opportunity to learn what readers want me to address in this space. Topics naturally flow from the privacy concerns we have about social media, smart speakers and the use of facial recognition technologies, to the way we handle the myriad of web-based accounts we now use, including banking, work, social activities and email. Most conversations shift to a particular question to me: "If there is one thing I should do to better protect myself, what would that be?"

My answer is the same for most of the people who ask me this: "If you don't yet have a password manager, you need to get one now." A password manager is the single most important software product you should get if you don't have one. A password manager is software you install on your computer, tablet and smartphone that securely stores the passwords you use for all your different online accounts. It enables you to have a unique complex password for each site you use, yet you only need to remember a single,

easy-to-remember master password of your choosing. It can protect you from the vast majority of cyber-criminal threats that you, knowingly or otherwise, face every day because many of us now use the web for our most important interactions with banks, brokerages, employee compensation, healthcare companies, each other, etc.

The risk that a password manager addresses is that if your online credentials are stolen from any site you use today (or have long since forgotten you have), the first thing cybercriminals will do is go to every online bank, enter your credentials and attempt to access your account. If successful, they will transfer your funds to their own accounts in ways that banks often cannot trace. They will also attempt this same thing with the websites of healthcare providers, partnering with unscrupulous "doctors" to bill your insurance company for fraudulent procedures that will then be posted to your electronic medical record, possibly damaging your ability to keep or get insurance, and is very difficult to repair. These are only two of the hundreds of issues you can face if your credentials show up on the dark web.

You can easily prevent this by ensuring that you have a strong, unique password for each web site, and never, ever, use the same password twice. This is all but impossible for humans to remember, so the password manager remembers them for us, ensures our passwords are strong, even suggesting strong passwords and remembering them automatically for us. The best password managers will automatically enter your credentials while you use the web, and will sync your passwords to your smartphone, tablet, etc. so while they increase security, they also dramatically increase convenience too.

Consumer Reports says "Dashlane, lPassword, KeePass and LastPass are among the most popular password managers, and they're either free or inexpensive (\$2 to \$5 a month)." Once you select and install one, it won't be able to simply change all your passwords for you, but rather you can log into each of your online sites, and opt to change your password, and the password manager software will do the rest, suggesting a complex password, and storing it for future use. While this sounds like a hassle, you only need to do it once, and you could start with the most important sites, like banking, shopping, email and healthcare.

For Consumer Reports recommendations and more explanations on password managers, browse www.consumerreports.org/privacy/ways-to-protect-digital-privacy.

38 The Hills Living • July 2019 July 2019 • The Hills Living **39**



Cioppino For Everyone!

Resident &
Realtor...**Erica Kitson**

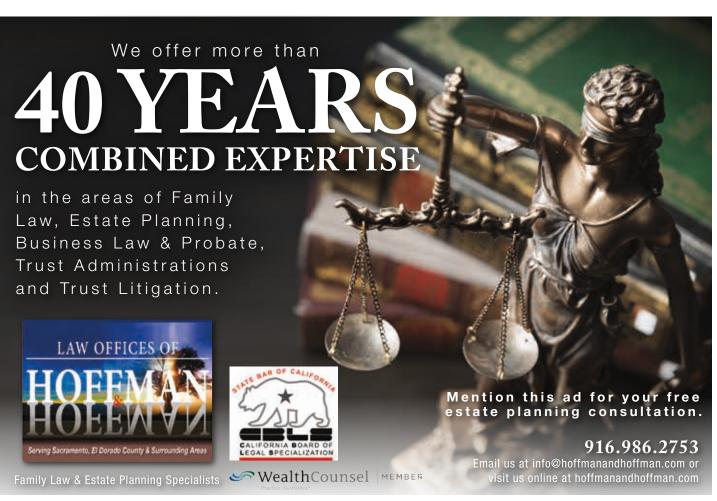
Global Seven (G7) is a Sacramento-based group of young women committed to making change in impoverished communities throughout the world. G7 relies on fundraising efforts to achieve their selfless missions. Thank you to the generous efforts of Derek and Kim Vanacore hosting the Cioppino Feed fundraiser held at Aji Japanese Bistro to help fund these opportunities to give back. Their daughter Julianna, along with her mother Kim and the G7 group of young ladies, will be traveling to the poverty-stricken town of Loiza, Puerto Rico, working directly with the children and the community to improve on their living conditions. Safe travels, Kim and Julianna...we can't wait to feature your experience!

If you would like to donate to G7, please go to: https://www.gofundme.com/global-7?utm_ source=facebook&utm_medium=social&utm_campaign=fb_dn_cpgnstaticsmall_r

Aji Japanese Bistro 4361 Town Center Blvd. #111 El Dorado Hills, CA 95762 916.941.9181







40 The Hills Living • July 2019

July 2019

July 2019



Tallinn, Estonia. We walked into the Old Town Area

Warnemunde area near Berlin. Our tour took us to

an old fishing village, then to Minster of Bad Doberan Church in the village of Rostock. From there we completed our day with a country tour on the

Our final destination was ending our cruise back in Copenhagen, where we visited the sights. It is known as the City of Spires and Church Bells. We concluded the morning by visiting the statue of Hans Christian Anderson's Little Mermaid. A perfect ending before heading to the airport and home.

historic "Molli" narrow gauge railroad.

consisting of squares and steeples. Cobblestone streets and lots of people. The beer is popular.

Residents...Bill & Carol Estee

Fifty years ago, Bill and I were married in my hometown of Folsom. To celebrate, we decided to take a cruise to the Baltic. Starting and ending in Copenhagen, Denmark, we visited Stockholm, Helsinke, St. Petersburg, Tallinn (Estonia), Warnemunde (Berline) and Oslo.

This was our 17th cruise with Princess Cruise Lines. We always meet great people and make lasting friendships.

To celebrate our 50th Anniversary, Princess hosted a dinner for us that was wonderful. The staff presented us with a decadent chocolate dessert and sang Happy Anniversary to us. What a nice way to start a cruise!

Highlights of our cruise, other than great food and wine were our special stops. Stockholm, very interesting and amazing. A highlight was the Vasa Museum. The Vasa, "the machine of war," was ordered built by Gustav II Adalf in 1628. Gustav wanted a second-row cannon added, which made the ship top-heavy. It capsized immediately after being launched.

St. Petersburg, a jewel of a city. We visited the Hermitage museum, which rivals the Louvre. This was a day filled with works of art and beauty. It is said that Catherine the Great built this magnificent building as an escape from her duties.











42 The Hills Living • July 2019 • The Hills Living 43

Real Estate RESOURCE

The information contained herein has been obtained through sources deemed reliable by Neighborhood Networks Publishing, Inc., but cannot be guaranteed for its accuracy. Any information of special interest should be obtained through independent verification. Supplied by Pat Seide Group



Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Parking	\$/Sq Fi
6109 Western Sierra Way	El Dorado Hills	\$1,050,000	\$1,050,000	05/14/19	0	3	3.5	3,017	3	\$348.03
5496 Sur Mer Dr	El Dorado Hills	\$1,199,000	\$1,120,000	05/22/19	40	4	4.5	3,688	3	\$303.69
6018 Monet Way	El Dorado Hills	\$1,195,000	\$1,120,000	05/24/19	54	4	4.5	4,400	3	\$254.55
4090 Greenview Dr	El Dorado Hills	\$1,195,000	\$1,170,000	04/18/19	25	4	3	3,774	3	\$310.02
1320 Van Gogh	El Dorado Hills	\$1,175,000	\$1,175,000	04/11/19	4	4	4.5	4,017	3	\$292.51
3796 Greenview Dr	El Dorado Hills	\$1,225,000	\$1,180,000	04/16/19	60	5	3.5	4,354	3	\$271.02
4215 Greenview Dr	El Dorado Hills	\$1,299,000	\$1,201,800	03/20/19	32	4	3.5	3,512	3	\$342.20
3397 Greenview Dr	El Dorado Hills	\$1,269,000	\$1,225,000	03/29/19	36	4	4.5	4,102	3	\$298.63
5225 Renaissance Way	El Dorado Hills	\$1,274,900	\$1,274,900	04/15/19	20	5	6	5,430	4	\$234.79
3373 Greenview Dr	El Dorado Hills	\$1,349,000	\$1,275,000	03/08/19	99	4	4.5	4,150	3	\$307.23
5232 Renaissance Way	El Dorado Hills	\$1,278,500	\$1,278,500	05/29/19	34	6	6	5,495	3	\$232.67
4318 Greenview Dr	El Dorado Hills	\$1,495,000	\$1,426,000	05/28/19	64	4	3.5	5,051	3	\$282.32
7535 Sangiovese	El Dorado Hills	\$1,449,000	\$1,449,000	03/26/19	85	5	5.5	4,850	3	\$298.76
5048 Da Vinci Dr	El Dorado Hills	\$1,750,000	\$1,635,000	02/28/19	173	5	5.5	6,426	4+	\$254.44
4610 Echo Springs Cir	El Dorado Hills	\$1,749,000	\$1,660,000	05/31/19	34	6	5.5	5,205	3	\$318.92
299 Bronzino Ct	El Dorado Hills	\$1,724,500	\$1,691,575	03/04/19	51	4	5	4,255	3	\$397.55
5124 Da Vinci Dr	El Dorado Hills	\$1,749,000	\$1,749,000	05/03/19	169	4	4.5	4,029	4+	\$434.10
5138 Da Vinci Dr	El Dorado Hills	\$1,749,000	\$1,749,000	05/03/19	1	4	4.5	4,388	3	\$398.59
3752 GREENVIEW Dr	El Dorado Hills	\$1,839,500	\$1,780,000	05/15/19	108	5	4.5	5,279	3	\$337.19
4601 Gresham Dr	El Dorado Hills	\$1,998,000	\$1,998,000	03/20/19	19	6	6.5	9,360	4+	\$213.46





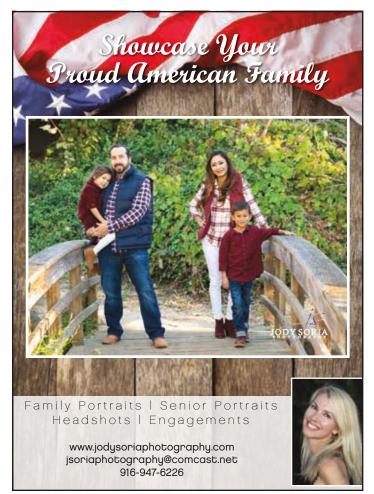
Pat Seide Group

aBRF#00892540

Specializing in Luxurv Estate Properties

916-712-1617 916-941-3006

www.Pat-Seide.com Patricia.Seide@cbnorcal.com









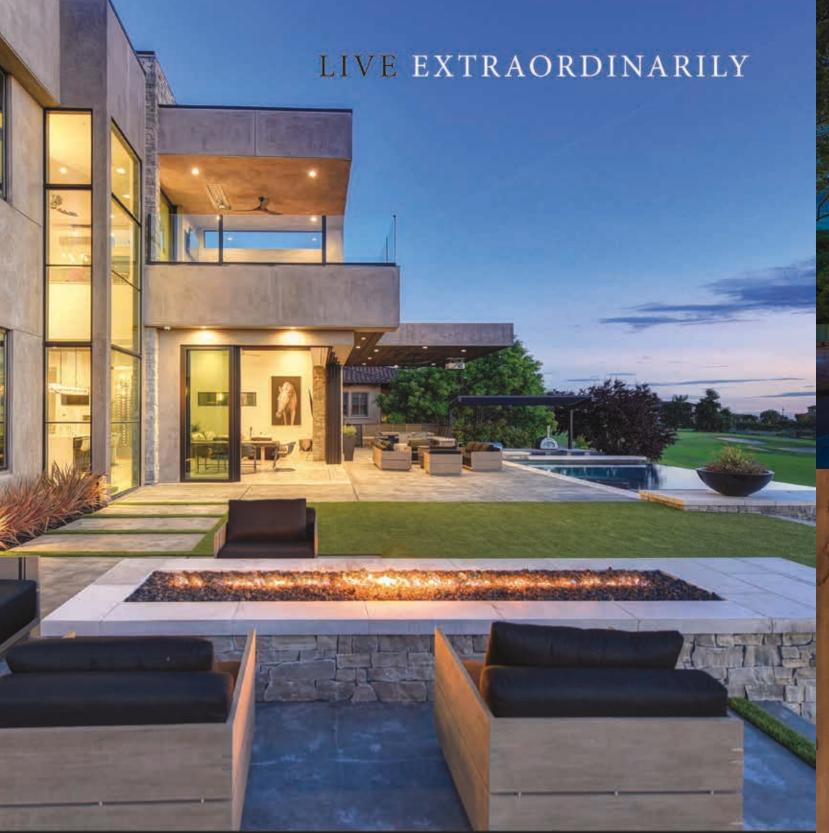
Contact the experts at
The Window and Door Shop
for more information on the
Marvin Ultimate Bi-fold Door
and other Marvin products.

1717 Bell Street Sacramento, CA 95825 916-915-5106 www.windowanddoorshop.com



The Marvin Ultimate Bi-Fold Door is a simple, elegant solution for indoor/outdoor living. Bigger sizes with more glass and a clean design aesthetic combine to give homeowners more flexibility. Spanning 55 feet in width, the Ultimate Bi-Fold Door is one of the widest panel doors in the industry.

44 The Hills Living • July 2019 • The Hills Living • July 2019



What does it mean to live extraordinarily? 4573 Greenview Drive reveals the answer room by room, as breathtaking architecture and luxurious detail combine to create an exceptional living experience.

Offered at \$3,495,000







MAURA TIERNEY (916) 524-2238

(910) 524-2238 maura@tiemeyrealestate.con DRE# 01933761

DAVID TIERNEY

(916) 524-2276 david@tiemeyrealestate.con DRE# 01393860









HOME AUTOMATION



HOME THEATER



SURVEILLANCE SYSTEMS & MONITORING
HOME CONTROL
ENERGY MANAGEMENT
CENTRAL VACUUM SYSTEMS
HOME THEATER SYSTEMS
INTERCOM SYSTEMS
HOME AUDIO SYSTEM
N LIGHTING CONTROL SYSTEMS

HOME AUTOMATION
HOME ALARM SYSTEMS

REPUBLIC ELITE INTEGRATION

Call us today to set up your appointment!

916.329.1950 • www.republiceliteintegration.com



PRSRT STD US POSTAGE PAID WILMINGTON, NC PERMIT NO. 40







RECENTLY SOLD BY NICK SADEK SOTHEBY'S INTERNATIONAL REALTY

Renowned locally for selling Eddie Murphy's mansion in Los Lagos, Nick Sadek is actively listing and selling multi-million dollar luxury homes. He was the Top Luxury Home Closer in 2010-2018.

Nick Sadek Sotheby's International Realty is a full service residential and commercial real estate firm catering to the demands of the luxury estates marketplace. Much of the business stems from the ability to creatively market luxury estates outside of the Sacramento area.

Nick's business success is mirrored in his personal life with a marriage of 22 years to his wife, Dina, who is also a licensed real estate agent. They have two children, Danya and Adam.



COMMERCIAL, RESIDENTIAL, INVESTMENT
9217 SIERRA COLLEGE BLVD, #120, ROSEVILLE, CA 95661
2277 FAIR OAKS BLVD., #460, SACRAMENTO, CA 95825
916.966.4444

NICK.SADEK@SOTHEBYSREALTY.COM | NICKSADEKSIR.COM