

# The Hills Living

JUNE 2018

A SOCIAL PUBLICATION FOR THE RESIDENTS OF SERRANO

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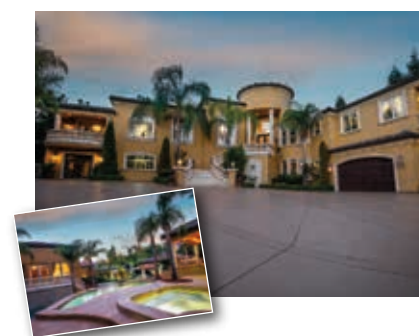
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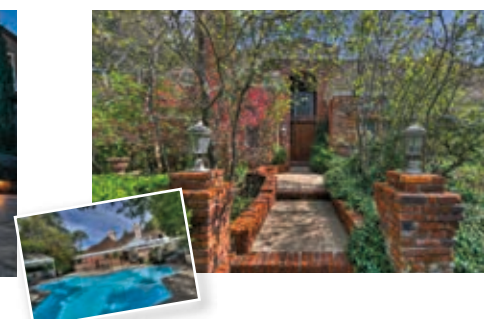
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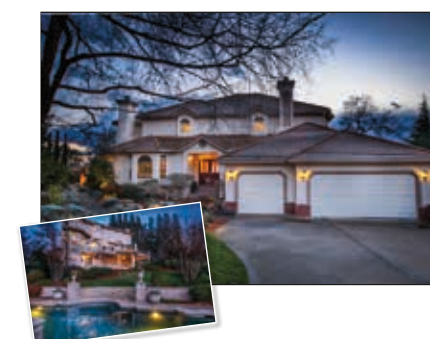
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# Here Comes The Sun

Hey Summer, Are You READY?

**publisher's note ...**



"AND SINCE THE LOVELINESS CANNOT BE HEAVEN, I KNOW MY HEART IS IN JUNE."  
*Abba Woolson*

Hello, Serrano Neighbors and Friends,

It is almost SUMMER ... School is officially out, vacation plans are made, summer camps signed up for and just an all-around warm feeling is boiling up inside of us all. Don't you just LOVE this time of year? I do...for sure!

Read along this month to find the Liu family and their amazing story! Hisui Sushi ... Here we come! Fall in love with Aaron and Max ... our June pet feature. Stand in AWE of Madison 'Maddog' Shields and her extreme volleyball talent. See how much fun we had the SWGG Mademoiselle Boutique and Luncheon at the Serrano Country Club! Follow Nicole on her journey to Israel and beyond ... unbelievable travel feature! Thanks, Nicole, for

sharing. Just try to create Kiki's Quinoa recipe ... this girl is off the charts in her culinary abilities. All this, and so much more, just for you, Serrano!

Thanks to everyone who contributed this month to make *The Hills Living* magazine so incredibly GREAT! We wouldn't have THL without you! Keep spreading the word to your neighbors who haven't contributed ... YET! They can contact me or my ROCKin' Content Manager, Erica Kitson.

*Jenny Thurman*

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Thanks as always team, for your positive energy, talent, hard work and dedication! Being surrounded by such an amazing group of people who are not only highly skilled professionals, but are also my dear friends, blesses my heart immensely! My goal is to ALWAYS make you feel empowered and appreciated for going ABOVE and BEYOND every month to make *The Hills Living* magazine so special. I am one grateful girl!

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career behind and joined the restaurant business with Michael. They had amazing growth with a great reputation in Solano County, being voted Best Sushi/Japanese Restaurant five years in a row.

inviting environment make Hisui Sushi a gathering destination and a local favorite. Its superb quality of food and high standards for customer service win guests' loyalty year after year.

In 2014 a private investment group from Texas approached Michael and Semi with an offer to buy the restaurant. The group heard all the buzz and good things about the restaurant and how busy it was. After their research, they knew it was very profitable. The Lius turned them down multiple times, but they just kept coming back with better and better offers. After several discussions and consideration, Michael and Semi accepted an offer from them. Michael felt that the offer was fair for the reputation of them and of the restaurant. That's when the family decided to relocate to Folsom, buying a new home and starting a new life. It was the best time of their lives because they were able to spend time with their daughter and were able to travel to Japan, Taiwan and Korea to explore their parents' hometowns. Learning the languages (so many different dialects), people, sights, new cultures, different lifestyles and the wide range of food in those countries was a little overwhelming but such a precious life experience that they'll never forget. They took a year and half to travel and to be stay-at-home parents. Then it was time to get back in and do what they love to do.

With all the amazing people around them, the Lius are very proud to announce that Hisui Sushi was voted Best Sushi/Japanese, Best Chef, Best Seafood, Best Waitstaff and Best Takeout Food in Style Magazine for 2017. Hisui Sushi "Spicy Ramen Dish" was featured on the front cover of the January 2018 Style Magazine. Business has been thriving.

On their off days, they love to gain experience and explore the new restaurants (food/wine) in all areas. "It's always so fun to meet and have conversations with other chefs in different cuisines." They also love to go to the Bay Area or Tahoe for a day trip. Every October they have an annual family trip to Hawaii to enjoy the weather, beach activities, water sports, food and drinks. Michael, Semi and Kayla are all December babies and just love the winter season and, of course, Christmas is the family's favorite holiday.

Daughter Kayla is 4 years old and is the most lovable, beautiful, independent, strong and funniest little citizen they have ever met. She loves sports and currently plays soccer and T-ball in El Dorado Hills. She is currently attending Bergamo Montessori School in Serrano. The Liu family has made so many amazing friends and has learned how awesome it is to live in EDH since they decided to relocate and build a custom home in Serrano. They love the neighborhood, the family-friendly community, and the many fun activities and events. Now they are here enjoying their new life with great friends. "Our family is truly excited and happy to be part of this fabulous community!"

## The Lovely LIU FAMILY... *You're Gonna LOVE Their Story!*

Resident...  
Semi Liu

Michael and Semi met in San Jose in 2003 through a mutual friend for a blind date. They dated for five years and have been married for nine years.

Michael got started in the culinary business way back in 2000 while attending San Jose State University. He started out as a sushi chef assistant working part-time. His love for food became an obsession. Michael quickly learned to master the art of cutting fish and making sushi. After getting a degree in engineering, he found that his passion was working with food and that he was really good at it.

Michael became an investor and managing partner at Hisui Japanese Steakhouse (Sushi/Teppanyaki) in Vacaville in 2004. After years of experience, knowledge and success, he built and opened Hisui 2 Sushi in Vacaville in 2009 on his own. It was 4,000 sq. ft including a large sushi bar and a full bar along with 20 oversized tables. It had over 30 employees working very hard and the restaurant was a huge success. After Semi gave birth to baby Kayla, she left her nursing

family feature

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## Check Out This GORGEOUS Estate!

Resident  
& Realtor...  
**Stephani  
Menser**

living spaces

Built by Woodside Homes in 2003, this impeccably maintained residence has been updated with cutting-edge home automation technology, a tank-less water heater and a solar system. The highly desirable greenbelt location is along Terracina Drive, near the secluded Tuscany Park. Boasting a masterful floor plan, the main level offers a guest bedroom with en-suite bathroom, formal living and dining rooms, and an office. Overlooking the family room and dining nook is the gourmet kitchen with built-in refrigerator, dual ovens, island, dining bar and walk-in pantry. The tastefully appointed and recently upgraded family room features stacked stone around the fireplace, custom designer curtains, Minka Aire ceiling fan and bi-fold glass doors that lead to the resort-like backyard.

Upstairs is the grand bonus room with balcony, three bedrooms with en-suite bathrooms and the master suite. The foothill views in the master bedroom are breathtaking. The luxurious bathroom includes dual vanities, soaking tub, shower and a walk-in closet with organizer.



Facing East, the home shields the pool area from the afternoon sun--allowing the backyard to be a retreat during the hot summer months. The lavish yard presents both covered and uncovered entertaining areas, swimming pool, spa,



Menser Real Estate Group

serene water fountain, mature landscaping, wide-spread lawn and stunning views of the greenbelt behind the property.

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# STEVE'S FIFTIETH GREAT GATSBY BASH

## *Resident & Birthday Boy...Steve Showers*

Photo Credit:  
Jody Soria  
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*"In his blue gardens men and girls came and went like moths among the whisperings and the champagne and the stars."*

F. SCOTT FITZGERALD, THE GREAT GATSBY

On the evening of April 14, as the rain stopped and the clouds cleared, a party began on Greenview Drive. To celebrate Steve Showers' milestone birthday, Steve's husband, Edmond Blagdon, threw an elegant, multigenerational, Great Gatsby-themed bash for family and friends. In all about 120 people were in attendance. The event included touches such as a red carpet runway, a photo booth, outdoor movie screening, classic cars and dancing. Many out-of-town guests were also awestruck at the natural beauty of Serrano.

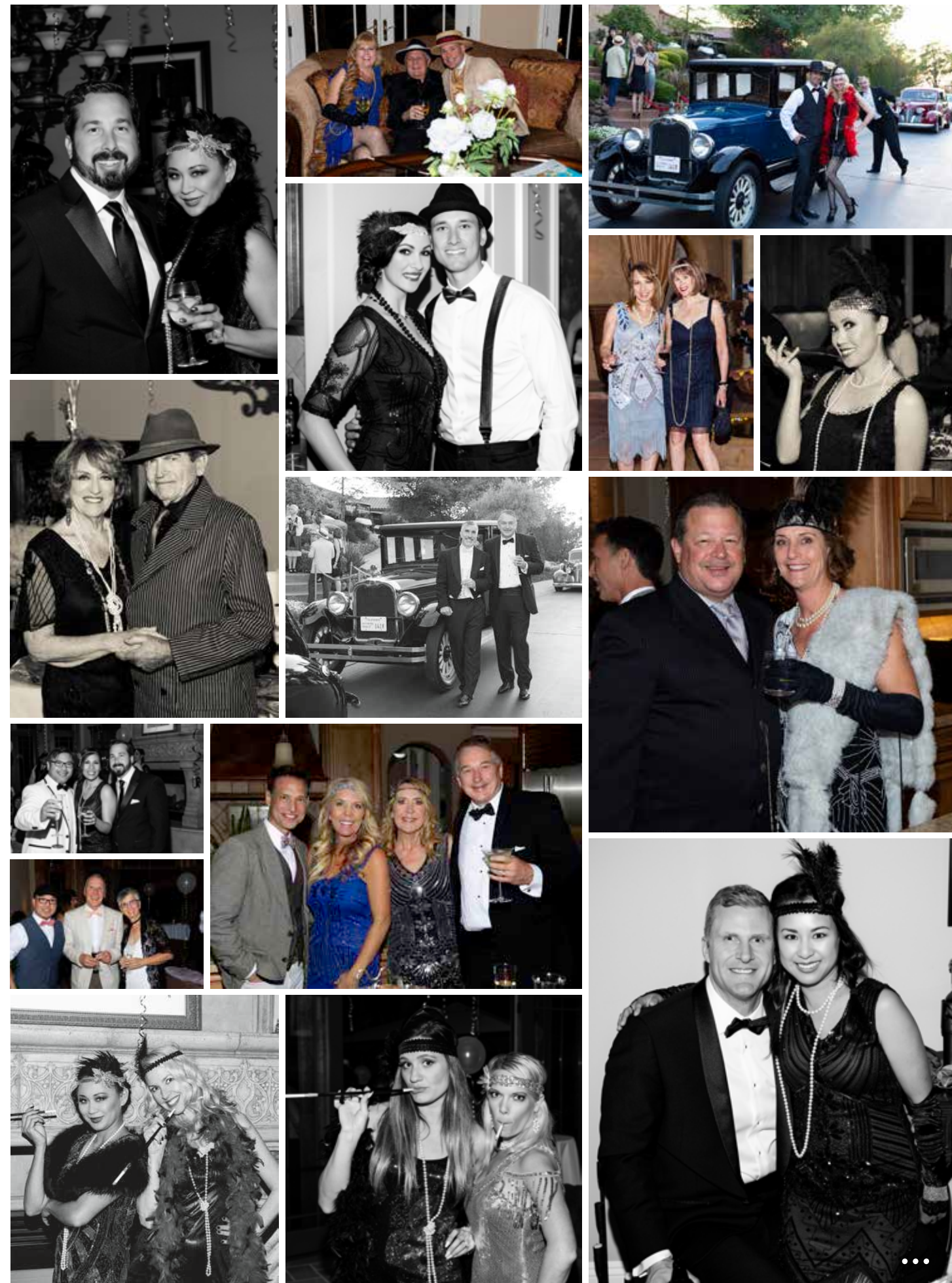
As the day turned to evening, the party continued late into the night under the stars. All in all it was a night to be remembered.

Special Thanks To The Following:

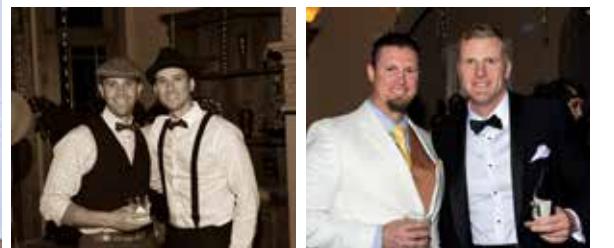
Catering: Jeffrey McDonald of Culinary Concepts. Event Coordination: Veronica Lopez. Mixology: Jorge Lopez. Photography: Jody Soria & Mark Martin.

Vintage Cars: 1926 Oakland Model 6-54 courtesy of Michael and Marietta Ryan, 1940 Ford Sedan Deluxe and a 1939 Cadillac courtesy of Cruiser Car Club.

A full gallery of photos from the evening can be found at <https://www.jodySORIAPHOTOGRAPHY.com/Galleries/Steves-50th-Great-Gatsby-Party/n-MhMRvp/>









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# meet Madison Shields...

## "Maddog" If She's On The Court!

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athletic accolades...

**1. How long have you been playing volleyball and how did you get your start in it?** I have been playing volleyball for almost five years now. My mom played college volleyball and that sparked my interest. I also occasionally played around for fun and then I realized how much I love the sport. Eventually, I joined a small club team and I have been competing ever since.

**2. What position do you play?** I play libero. Libero is such a unique position on the court not only because I wear a different colored jersey, but also because I can go in for anyone in the back row without a substitution. They are the defensive leaders and are responsible for controlling the back row. Playing libero involves a lot of explosive movements and speed to run down short balls or adjust for hard hits. I love this position because of the thrill of running down a hard ball and all of the action I experience.



**3. Do you have any siblings; Do they play sports?** Yes, I have a younger brother named Joe. He plays ice hockey for a competitive travel team that practices out of Roseville. I used to play ice hockey with him a couple of years ago.

**4. What do you like best about your sport?** My favorite part of my sport is playing defense. I love being competitive and frustrating the other team when I dig balls or make plays that they thought were over. It is an exhilarating feeling that I can't experience anywhere besides on the court.

**5. What's the most important quality to have as an athlete?** The most important quality to have as an athlete is self-confidence. Once you believe that you are great enough to compete at a high-level, you will start to. It is an important



aspect of volleyball and all sports in general. When you are struggling throughout the game, it is important to realize that you are capable of surmounting this challenge. Athletes must understand that their play on the court does not define who they are as a person and that comes with self-confidence.

**6. Who is your role model; Who do you look up to?** My role model is most likely Sara Hughes. She played beach volleyball at USC and is now playing on the professional circuit. I look up to her because of her selflessness on the court and her all-around volleyball skills. She works so hard and I strive to work hard and compete just as hard as she does. I also look up to several different professional volleyball players such as April Ross, Brooke Sweat and Laura Ludwig.

**7. Best memory of high school?** My best memory of high school definitely involves being a part of Oak Ridge's varsity program. Playing a sport at Oak Ridge gave me a deeper connection to the school than I would have had normally. My favorite memory would have to be the annual camping trips that all three levels (Freshman, JV, Varsity) attend. I love the skit portion of the trip and just bonding with the girls all four years. I also really miss

playing for Oak Ridge. The most memorable game would have to be against Granite Bay. Our team came back from a 0-2 deficit in sets and won three in a row to win the match.

**8. What are your plans for college?** I am attending Pepperdine University in Malibu to play indoor and potentially beach volleyball while also continuing my education. I am so excited that I have the opportunity to compete at a Division I school in a such a competitive conference.

**9. What's your intended major to study?** I am majoring in biology and potentially minoring in sustainability. I hope to get involved in the environmental science program. I am extremely passionate about the environment and Pepperdine offers great natural science programs.

**10. Do you have any advice for someone thinking about trying volleyball?** My advice is to get out and try volleyball. Everyone starts from somewhere and you have the potential to be as great as you want to be. Honestly, just have fun and you will start to grow as a player and teammate. It's an amazing sport that changed my life for the better.



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# IS THERE A LINK BETWEEN POSTURE & SHOULDER MOBILITY? let's find out!

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### Bottom Line:

Your shoulder is one of the most complex joints in your body. It is surrounded and supported by a complex network of nerves, tendons, muscles and ligaments. Many of these structures tie back to your spine or mid-back and neck. Your posture, or position, directly impacts the motion of your shoulder and scapula. Long hours at a desk or computer can lead to postural changes and muscle imbalances. Poor posture and a forward head position can lead to “upper cross syndrome.” Upper cross syndrome is an imbalance of the muscles in your upper back, neck and shoulder that can lead to neck, back and shoulder pain with restricted range of motion.

### Why it Matters:

Whether it’s working at a computer, long hours in a



car or using a tablet/smartphone, just about everyone is susceptible to developing upper cross syndrome. However, you don’t need to suffer or change your career to find relief. A combination of Chiropractic adjustments, stretching and specific postural exercises can make a huge impact on your ability to stay happy and healthy. Taking short breaks every 20-30 minutes to lightly extend your arms and move your neck through a comfortable range of motion will help your body “reset” while working. Also, periodic Chiropractic adjustments will help you maintain an optimal range of motion and reduce restrictions that can occur in your spinal joints.

- The shoulder is one of the most complex joints in the human body.
- Your posture greatly impacts the ability of your shoulders to move through their full range of motion.
- It’s important to address the neck and mid-back when treating a shoulder injury.

### Next Steps:

Upper cross syndrome is one of the most common conditions we see in our practice. Far too many people suffer from pain for years before discovering Chiropractic care. Millions of people end



up taking medications just to get through the day. Like you, we believe there is a better way. Take a flyer for our upcoming workshop and share it with a friend at work. We are excited to share how the challenges of upper cross syndrome can be overcome without drugs or surgery!

### Science Source:

Upper Crossed Syndrome and Its Relationship to Cervicogenic Headache. JMPT 2004 MedicalNewsToday.com

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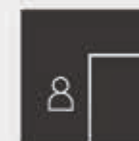
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SWGG Chair...  
Nancy Zitella

On April 9, 2018, Serrano Women's Golf Group (SWGG) held its Ninth Annual Fashion Show at Serrano Country Club. The theme this year was Mademoiselle Boutique. Attendees were given a program of the day's events and a beautiful Smokey Quartz Necklace, followed by a champagne reception and boutique shopping with 12 vendors of clothing, accessories and jewelry.

The main event began at noon in the Lakeview Dining Room with a fabulous luncheon buffet highlighted by Chicken Wellington. This was followed by the Fashion Show featuring designs from the Serrano Country Club's Pro Shop, Chico's, White House Black Market, Athleta Fitness Wear, BPassionit Tennis Wear, Dani Nicole Boutique,

My New Arms and Sole Desire Shoes. After the fashion show, guests continued shopping in our boutique.

Thirty-two raffle prizes were offered by our very generous community donors. Talisman Collection at Town Center in El Dorado Hills donated a gorgeous \$1,500 couture handbag for our event! The Fashion Show raised \$2,215 for our SWGG Charities--Furniture for Families and The Center for Violence-Free Relationships.

I would like to thank all the ladies who volunteered and attended our Fashion Show this year and I look forward to our 10th show next April!

Fondly,  
Nancy Zitella, Chair  
SWGG Serrano Fashion Show





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*The Campbell Surroundings...*  
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# Meet Max...

## AARON'S DELIGHTFULLY FURRY FRIEND

He's Just Too Cute For Words!

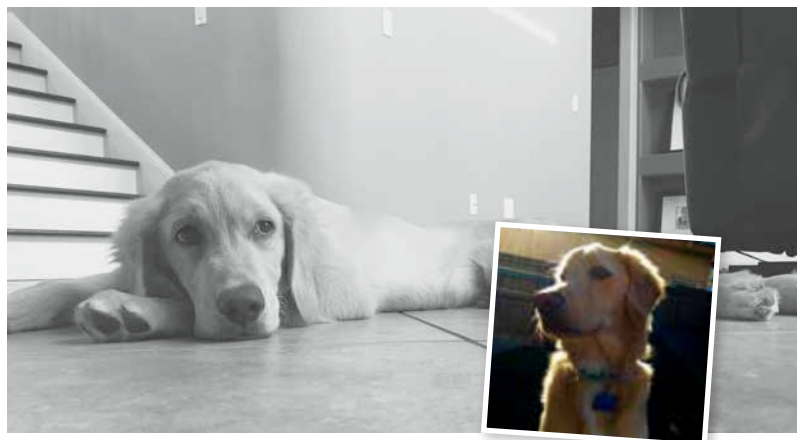
Resident...  
Aaron Punia

pet prodigies

My name is Aaron Punia, and I am a student at Rolling Hills Middle School. My family consists of my dad Ash, my mom Suki, my younger sister Esha, and Max. Max is a male Golden Retriever, and he just turned 10 months old on February 6. He's the family baby. Max became a member of our family on June 16, 2017. We had just moved into our new home in Serrano in May, 2017. Max was born in Lodi, CA, and we purchased him from a breeder. Max had 10 siblings, and they all looked the same! I chose the name Max because when I first saw him, I instantly knew that he was a "Max." There was no doubt or hesitation, that was his name.

Being new to Serrano, and since having to start over with making new friends was tough in the beginning, my parents welcomed Max into our family to help my sister and me transition into the new community. When Max was finally able to go out in the public and go out to the local park, he was an instant hit! He made at least seven friends on his first visit. You will see a picture of Max and another golden retriever named Riley. In the summer, Max went to the park every single day. I was actually looking forward to it also. The community here is so nice, and the members instantly introduced themselves and let me join the local "dog club." It's not really a club, but there are about a dozen dog owners and dogs that hang out daily. Fast forward to today. When I take Max out on hikes or for walks, EVERY single person we run into stops to say hello, and most know his name. Max is a lover and loves attention. He is super gentle and the sweetest dog ever.

One of Max's many talents is that he can catch his tail in his mouth in approximately five seconds. He is a pro at that game. He can be seen walking in circles throughout the community trying to catch his tail. LOL! The thing that I like best about Max is his loving nature. I had never owned a dog before, so he is my first. I expected a lot of barking and growling, but with Max, there are more cuddles, him resting himself on me and him always trying to lick my face. He's a big-time lover and loves affection. You rarely hear him bark; he's pretty easy going as long as you acknowledge him (he loves attention) and he gets a lot of attention from my family at home.



Max is the most spoiled member of our family, probably because he is the baby. He knows which one of us to go to to get what he wants. If it's a carrot or something good to eat, he typically goes to my mom; if he needs to be let outside he goes to my sister; if he wants to play or horse around, he goes to my dad; and for EVERYTHING else, he comes to me. Max's bed is in my bedroom, we have a very close relationship. I think he thinks of me as his mom/dad. He always looks to me for permission to do things/explore.

Bringing Max into our family was the best decision my family has ever made. It has changed my entire outlook on the move and has kept me very busy as well. Max is not only a dog, but he's my friend. He is dependent on me, and I love the responsibility. We are planning a vacation to Hawaii during spring break coming up...I am trying to find a way to convince my parents to bring Max with us (fingers crossed). You may see some pictures of Max in a Hawaiian shirt soon! LOL!

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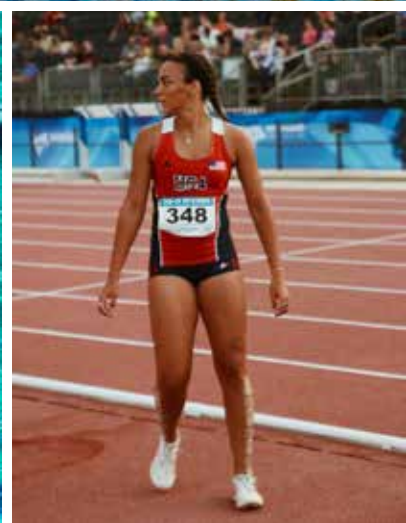
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# Nicole Shares ISRAEL & BEYOND... Her Adventures Thus Far!

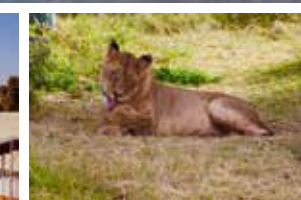


Resident...  
Nicole Spring

travel mania

My travel experience is a little different than that of the average 20-year-old college student. I have represented the USA in Israel twice in two different sports (soccer and track), have played basketball in a diplomacy project with kids my age from several Balkan countries, built a school with and for Costa Rican locals, and personally witnessed the smallest nation, Iceland, to ever qualify for the soccer European Championship. While I've appreciated all of these experiences, what I'll remember most are the times when things haven't gone as planned.

My first time representing the USA in Israel was back in 2013, where I was the second youngest player on the junior girls' soccer team. It was great bonding with Israeli soccer players and earning a gold medal for team USA. On the night of the opening ceremony, among thousands of people from different countries, my teammate Sarina and I got separated from our team (and naturally both of our phones were dead). Essentially, the two of us, just fifteen years of age at the time, spent hours in a foreign country separated from our team amidst the chaos and excitement of an Olympic affiliate event. We learned very quickly how to communicate with non-English speakers and how to navigate our way around Israel.



Another instance that I know caused my mom some stress was during a layover in Texas during my trip to Costa Rica. Due to flight changes, I ended up becoming stranded in a Texas airport overnight with a couple other teens from the trip. If you have seen the movie "Unaccompanied Minors," you can imagine how our night went. We got some snacks with our food vouchers from the airline; played some ukulele in hopes of receiving tips from fellow travelers (we didn't have many fans – maybe it would have helped if I knew how to play the ukulele); played soccer with some younger kids we made friends with – which resulted in the soccer ball jamming one of the moving walkways (oops!); and

slept only a little. By the time we finally landed in Costa Rica, we were exhausted, but in good spirits, and we were still excited for what the rest of the trip had to offer.

So, from the Eiffel Tower to the Great Wall of China, to the Jordanian Desert, and to Eastern Africa, my fondest memories are the interactions I've had with the many diverse people I've met in all these places. Traveling offers a unique opportunity to speak with and learn from others who have different experiences and perspectives. I am so thankful for opportunities I have had to travel, and can only hope to be fortunate enough to make this a lifelong journey.





Resident...Jeff McNaught

## Do I Need A **SMART** Home? ... Part Two

tech guru

This is a continuation of last month's topic, specifically ways to dip your toes into making your home "smart." Today, I'll talk about three options that don't cost a lot but will introduce you to use forms of the smart home concept.

One important note, if you feel that you'll want to dive in and do a full smart home project, where most or all of the items in your house are controlled, you're far better off using a single product that is designed to control many things (lights, thermostats, whole house audio, garage doors, motorized shades, security, pool pumps, fountains, cameras and more) than buying several different "smart" products that each have a different smart-phone app to control it. The latter quickly becomes limiting and confusing, especially if you don't have access to your phone or tablet. If you choose a comprehensive solution (Control4, Savant and Crestron are the leaders) you'll want a professional to plan, install and maintain the system.

The system I'm most familiar with because it's in my home is Control4 ([www.control4.com](http://www.control4.com)). It's designed to make your home simple and convenient by putting everything in well-organized menus, on wall mounted touch screens around the home, as well as identical displays on your smartphone, tablet, PC or Mac, so you can monitor and control the home from anywhere in the world. It is professionally installed, not a hobbyist sort of system, and has been reliable for me and friends for years.

It can be as simple and inexpensive, or as comprehensive and moderately expensive as you like.

If you want to try a few introductory "point solutions," here are a few inexpensive starter ideas:

**Lights** – there are several options that can enable you to have a few lights around your house that can be controlled from an app and can change color to achieve various scenes or effects in your room. Phillips, Lutron and Leviton are well-established companies and I recommend you look at their offers first. Avoid names you've never heard of, as they might only be in the market for a short time, limiting your long-term satisfaction and ability to add lights in the future. Home Depot and Lowe's stock these.

**Heating and A/C** – You've likely heard of Nest, now owned by Google. Nest thermostats cost about \$250, easily replace your existing one and are Internet connected so you can change the desired temp in your home from your smartphone, even while away. It's a great feature if you go on vacation and realize you left the heat on – you can fix that with your smartphone anywhere in the world and avoid a surprise heating bill. The Nest also has a sensor to determine if you're home and will turn down the heat if it thinks you're away, saving money.

**Music & voice control** – the hands-down favorite device in our home today is the Amazon Alexa "smart speaker" (also Google Home is a good option). In our home, Alexa plays music, answers questions and is connected to Control4, and can control virtually everything in our house. Romeo and I have an occasional party, and it's nice to say "Alexa, turn on party time" and see our lighting set perfectly, music come on at the right levels, and heat set right for a crowd.

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# Churchill's Hardware

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Owner ...  
**Michael Churchill**

Photo Credit:  
**Ken Mahar Photography**

sponsor feature

If you've ever had to deal with the frustration of getting help or finding the right item for your home project, then you should be happy to know there's an alternative. Just an exit or two up Highway 50 from El Dorado Hills is Churchill's Hardware, a real neighborhood hardware store. It's reminiscent of the classic hometown hardware store without the lonely warehouse feel that you find in big-box stores. Another thing you won't find in those big stores is the friendly greeting by owner Jon Churchill when you enter the store. Jon is a goofy know-it-all, at least that's how customers probably see him. He knowledgeably helps all his customers and sometimes plays DIY hero when customers have a project puzzler. People around town know that if anybody can fix their problem, it's Jon. He knows where every item in the store is located. Jon will take the time to show you items, discuss your options and make sure you know how to use what you buy. And just in case you don't find what you're looking for, special orders can be made. Jon even has a silly jingle, "Special orders don't upset us, don't forget to add the lettuce." Jon and his son, Michael, along with the staff, sincerely do their best to help every customer. Together, the two owners have a combined experience of almost 50 years.

It's fun to poke around the store and find surprising items that you realize you just can't live without or that would make great gifts. The garden section is revamped and the plants can be seen under the beautifully stained redwood pergola. With spring in full swing, the store is putting the finishing touches on the outdoor living section where you can find furniture, Adirondack chairs, hanging baskets



and small water fountains. Do you need a lamp or lawn mower repaired? Bring them in! Doing a remodel or landscape project and need concrete or lumber? They can help. Looking for nails, spare keys, custom match paint, screen repair, a 17mm socket, holiday decorations or that weed trimmer and herbicide that so many of us have needed now that the rain has stopped? Churchill Hardware has it, and at a competitive price. He adds, "There really isn't much magic to buying these days. Our supplier, Do It Best, spends billions in volume just like the big-boxes to get low prices." Churchill's has a reward system, too, that gives customers a two percent rebate and \$10 coupons for birthdays and more. It's always great to find what you need, or what you didn't know you needed, at a great price and with service to match. Being so close to El Dorado Hills, it's worth the short drive to support a local business.



While the store stocks many everyday items like batteries, air filters, trash bags, hand tools and much more, the customer service sets this business apart. If you're a DIY shopper and repairing your lawn's sprinkler system, for example, Churchill's is your friend. They can show you the numerous fittings or explain how the solenoid and diaphragm work in the valve. What if you don't want to DIY? Churchill Hardware can re-screen window screens and patio door screens, for example. They provide rekey services for door locks and as licensed locksmiths can replace your door locks and hardware. Michael Churchill has a degree in landscape design and is a licensed landscape contractor. Michael can do consultations, install sod or rebuild your redwood fence. He's even a Notary Public! The odds are, if you need something, Jon or Michael will help you or find someone who can. Today, the Churchill family carries on the tradition of serving their local community.



resident recipe

# Quinoa

## Never Looked So GOOD!



Resident...  
Kiki Valenty

### Blue Quinoa Salad with Thai Peanut & Tamarind Sauce

#### Blue Quinoa:

- 1 cup organic quinoa
- 1 cup butterfly pea tea extracts (or you can use any of red cabbage, beets, or carrots juice for the color)
- Cook quinoa per instructions and set aside to chill for the salad

#### Thai Peanut & Tamarind Sauce:

- 500 ml coconut milk or a can of 13.5 oz
- 2 ounce (1/4 cup) of Massamun Curry Paste (mild & flavorful) or red curry paste is fine, too
- 1 tablespoon roasted chili paste (mild flavor)
- 1/2 tablespoon salt
- 3/4 cup any peanut butter (crunchy or smooth); I use Skippy
- 3/4 cup condensed milk
- 1 tablespoon palm sugar
- 2 tablespoon Tamarind Sauce (or distilled vinegar if you can't find Tamarind Sauce)

Combine all ingredients and mix well, boil on medium to low heat, stir closely until the coconut breaks out its oil. About 10-15 min. If the sauce is too thick you can add 1/4 cup water and keep stirring until you get a smooth texture.

#### Salad:

- Mixed color carrots
- Beans sprouts
- Kale
- Radish
- Mints
- Cilantro
- Green onions
- Ginger
- Lime
- Lemongrass
- Avocado (if you like)
- Grapefruit
- Berries
- Cucumbers
- Red bell peppers
- Any veggies of your choice

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## Real Estate RESOURCE

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Supplied by Pat Seide Group

Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Parking	\$/Sq Ft
4344 Cordero Drive	El Dorado Hills	\$998,000	\$955,000	03/19/18	117	5	4	4,903	3	\$194.78
3350 Greenview Drive	El Dorado Hills	\$1,195,900	\$1,112,500	04/13/18	102	5	5	4,889		\$227.55
5449 Sur Mer Drive	El Dorado Hills	\$1,229,000	\$1,221,500	04/27/18	2	5	5	4,300		\$284.07
5520 Sur Mer Drive	El Dorado Hills	\$1,224,000	\$1,224,000	01/05/18	63	5	4	4,762	4	\$257.03
330 Nattier Court	El Dorado Hills	\$1,225,000	\$1,225,000	04/05/18	9	5	5	4,628		\$264.69
4572 Echo Springs	El Dorado Hills	\$1,398,000	\$1,250,000	01/10/18	49	5	6	5,150	4	\$242.72
3663 Greenview Drive	El Dorado Hills	\$1,375,000	\$1,285,000	02/28/18	141	4	5	4,789	4	\$268.32
3753 Greenview Drive	El Dorado Hills	\$1,335,000	\$1,295,000	03/26/18	41	5	4	4,819	4	\$268.73
708 Rembrandt Court	El Dorado Hills	\$1,359,000	\$1,300,000	12/29/17	10	4	5	4,102	3	\$316.92
5217 Renaissance Way	El Dorado Hills	\$1,328,000	\$1,300,000	03/09/18	3	7	5	4,922	3	\$264.12
4367 Cordero Drive	El Dorado Hills	\$1,348,000	\$1,315,000	05/03/18	58	5	3	4,092		\$321.36
4421 Gresham Drive	El Dorado Hills	\$1,425,000	\$1,320,000	04/05/18	59	4	5	5,091		\$259.28
6055 Monet Way	El Dorado Hills	\$1,395,000	\$1,350,000	03/15/18	55	4	5	4,102	3	\$329.11
4015 Errante Drive	El Dorado Hills	\$1,390,000	\$1,350,000	01/03/18	41	4	4	4,203	4	\$321.20
6232 Pannini Way	El Dorado Hills	\$1,465,000	\$1,440,000	02/22/18	38	4	4	3,852	4	\$373.83
5291 Da Vinci Drive	El Dorado Hills	\$1,550,000	\$1,550,000	12/12/17	2	5	6	4,907	4	\$315.88
3321 Greenview Drive	El Dorado Hills	\$1,600,000	\$1,575,000	03/26/18	11	5	5	4,420	3	\$356.33
400 Crivelli Court	El Dorado Hills	\$1,699,500	\$1,664,500	04/09/18	84	5	6	5,658		\$294.19
3041 Courbet Way	El Dorado Hills	\$1,785,000	\$1,667,500	01/26/18	48	5	5	4,758	4	\$350.46



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### 10 JUNE

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Town Center Blvd

### 14 JUNE

Live On The Boulevard  
Steven Young Amphitheater

### 17 JUNE

Farmers Market  
Town Center Blvd

### 21 JUNE

Live On The Boulevard  
Steven Young Amphitheater

### 24 JUNE

Farmers Market  
Town Center Blvd

### 28 JUNE

Live On The Boulevard  
Steven Young Amphitheater

### 1 JULY

Farmers Market  
Town Center Blvd

### 3 JULY

Fireworks & Freedom Concert  
El Dorado Hills Town Center

### 8 JULY

Farmers Market  
Town Center BLVD

### 12 JULY

Live On The Boulevard.  
Steven Young Amphitheater

### 15 JULY

Farmers Market  
Town Center BLVD

### 19 JULY

Live On The Boulevard.  
Steven Young Amphitheater

### 22 JULY

Farmers Market  
Town Center BLVD

### 26 JULY

Live On The Boulevard.  
Steven Young Amphitheater

### 29 JULY

Farmers Market  
Town Center BLVD

### EDHCSD

### 20 JUNE

Food Truck Festival and Beer Garden ...  
Luau Party

### 18 JULY

Food Truck Festival and Beer Garden ...  
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The new owner of Folsom Tap House and Kitchen, Stacey Belkin, moved here 3 years ago from Livermore. On April 1, 2015 she took over the ownership of the Folsom Tap House and Kitchen from Jeff Back, who owns the Back Bistro. In the last 2.5 years, Stacey and her dedicated team have made this once not-so-popular spot into a very busy neighborhood sports bar and grill. It is the literally the "Cheers" of Folsom. The tap house consists of scratch-made food, with fries that are cut from fresh potatoes daily, for example. The tap house only uses quality ingredients in all of our dishes. We just won "1 Sports Bar" in Style magazine! We have 12 large TVs and 22 beers on tap (and several others in the bottle). We also have a great wine list for a tap house and a full bar. It's been quite a challenge turning this place around and convincing people it's not the previous business anymore, but with the support of the awesome Folsom community, we have done it! Thank you, Folsom!

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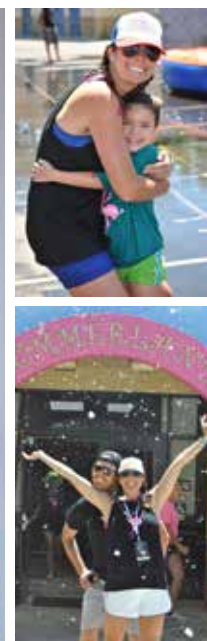
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got team?



From L-R: Valerie Lujan, Mike Herzog, Laura Brown, Leisha Freitas, Scott Ostrode, Jen Ostrode

## District Church Presents SUMMERLAND 2018...

A Fun-Filled Day Camp For Kids!

Resident & Realtor...Jen Ostrode

School is almost out and inevitably parents will be searching far and wide for summertime entertainment for their kids. Enter... Summerland!! District Church is launching Summerland 2018, June 25-28. Summerland is an action-packed summer camp with an amazing worship experience, outdoor recreation area with giant water slides and other games, crafts and engaging in age-appropriate Bible teaching.

Summerland is open to K-fifth graders, but Junior High students or those entering grades six through eight are welcome to join in the fun as JV Dream Teamers where they will help lead the younger kids in crafts, recreation or the lab! High school and adult volunteers are encouraged to help as well.

Registration is now open at [www.district.church.com](http://www.district.church.com)  
Pricing is \$69 for K-fifth graders and \$30 for JV Dream Teamers  
District Church is located at 7000 Rossmore Lane  
(On the hill overlooking Target in El Dorado Hills Town Center)

Summerland 2018 is sure to be a camp your kids will never forget...Sign up today!

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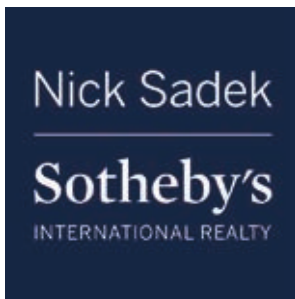
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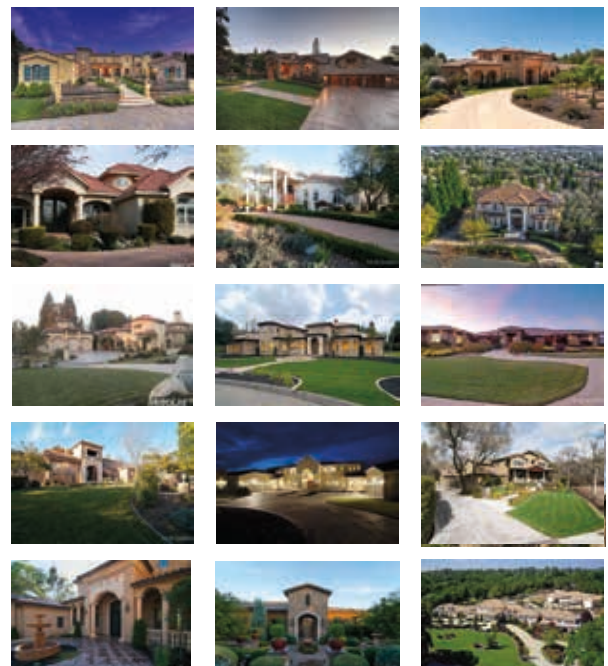


*R*enowned locally for selling Eddie Murphy's mansion in Los Lagos, Nick Sadek is actively listing and selling multi-million dollar luxury homes. He was the Top Luxury Home Closer in 2010-2017.

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Nick's business success is mirrored in his personal life with a marriage of 20 years to his wife, Dina, who is also a licensed real estate agent. They have two children, Danya and Adam.

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