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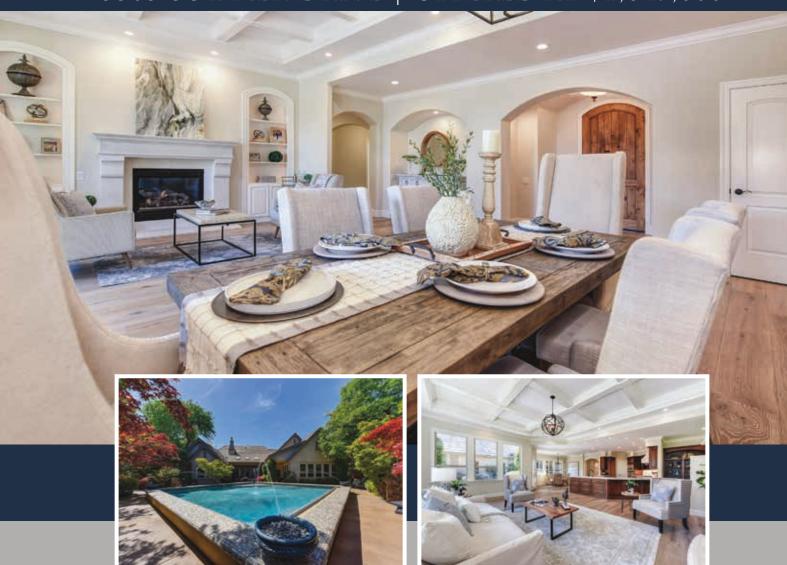
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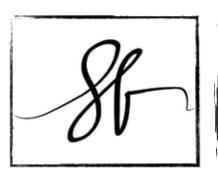
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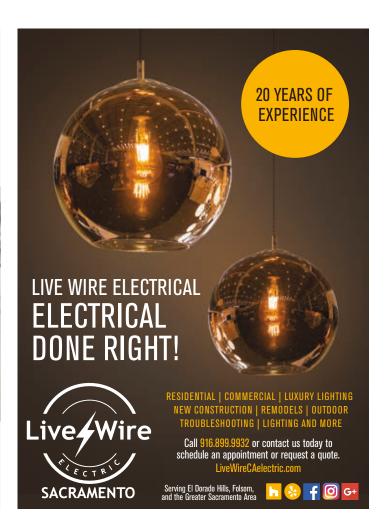






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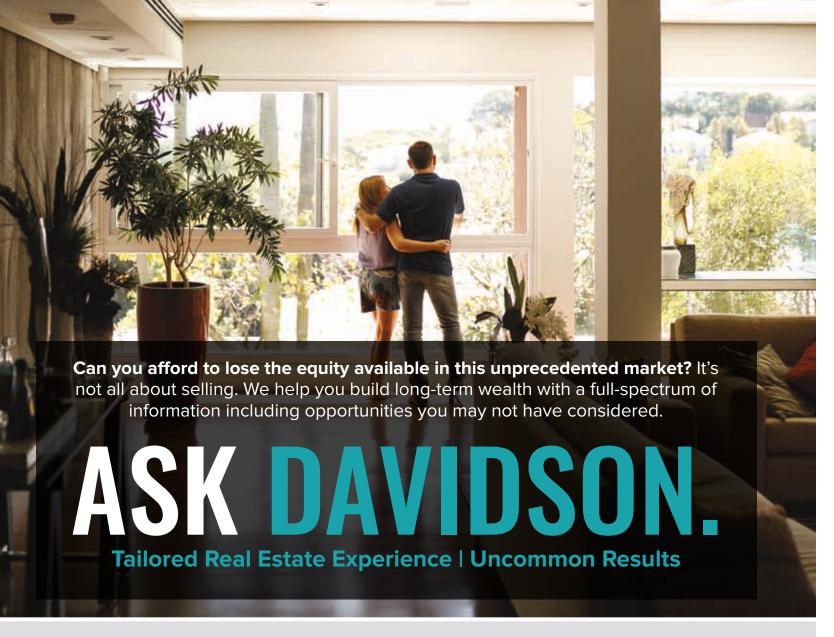


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Hello! My Fellow Neighbors and Friends,

I normally don't share too much personal information when writing my Publisher's Note, but this month I said, "What the heck!" I hope my brutal honesty doesn't put anyone off. I just hope that maybe I can encourage someone else out there who feels like they are trying to "Juggle it All."

With everything that is currently going on in the world (Fires, COVID-Delta, Afghanistan, Floods, Droughts, Wars, etc.), I've decided it's time to drop the BS and be COMPLETELY real. I seem to be very intuitive in nature and in spirit. I feel very deeply for others and for tragedy around us...collectively. The ominous or evil presence I've been experiencing lately is burdening, oppressive and heavy. I spent about four days last month in bed...too discouraged and depressed to face life. Overspent, overcommitted, overly sensitive, overwhelmed, and quite frankly, over life.

This is NOT a sob story, but a con-

fession of sorts, since I never want to disappoint anyone, but constantly do.

I am just a regular girl, friend, mom,

wife, grandma, sister, daughter, and



Isla Moon...19 Months

fellow 57-year-old small business owner trying to do my best...which these days is far from perfect. I'm one hundred percent certain of that!

I always swore I would NEVER get a tattoo. Then, life happened! About seven years ago, I decided I really DID want a couple of tats, but I wanted to make sure they bore a deep meaning in my life. I wanted to have messages that encouraged me when I got down.

My Tattoos & their Meanings:

- 1. Courage To speak one's truth; to be authentic and real; to speak up when no one else will. Brave. Honest. True
- 2. Enough I am enough. I have enough. I've had enough.
- 3. & (Ampersand) Resembling infinity it signifies that nothing truly lasts forever, but we are all are connected. Togetherness, Union, Attachment. An indication of the future. An expectation of something to come. The ending of a difficult period and continuation to a brighter path.

I hope you enjoy the October issue of THL! Encourage a friend (or get a tattoo) today, Serrano! Happy Halloween and be safe out there!



Much love, Jenny



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Who we are: Doug, Tiffany, Landen, Collin, Corinne, and Scarlet (the dog!).

Tiffany is the owner of Sassy Sapphire Boutique in EDH Town Center. "I'm PASSIONATE about making women of all shapes and sizes look and feel beautiful...all at affordable prices. I was bullied when I was younger and had ZERO confidence. I felt worthless. Through fashion, I found myself. Now, I'm able to help other women feel better about themselves every day! Sassy Sapphire gives me the opportunity to give back and build people up. That makes me VERY happy!" says Tiffany.

Doug is a disabled veteran and Tiffany's right-hand man...trying his best to help her achieve her goals. He will fetch whatever she needs...including Starbucks (Caramel Macchiato, upside down, sweet cut in half, and a splash of nonfat milk). He rarely gets the order right, and that's OK! Our family traditions are to head to Apple Hill every October to get pumpkins, apple cider, donuts, and caramel apples at our favorite ranch. We love to go to a family-owned restaurant on Sutter Street in Folsom most Sundays. And, the most favorite tradition is to go on a cruise at least once a year to anywhere tropical. The kids' favorite is Hawaii! Another tradition is to celebrate Scarlets' birthday, which she shares with Tiffany. They also love going to Disneyland during Halloween and Christmas. After eight years of service, Doug attended Sacramento City College, which after two years he decided was not for him. Tiffany, instead of going to college, pursued a career in poker both playing and dealing poker. She has even dealt cards in the World Series of Poker! Tiffany is originally from Sacramento and Roseville. Doug is from Sacramento.

Doug and Tiffany spent 15 years in Folsom but decided to move their family to El Dorado Hills in October of 2020. They absolutely fell in love with the smaller

community feel and the people they have met so far have been amazing and inspiring.

Tiffany's favorite thing to do to relax is to play bingo at one of Sacramento's bingo halls. To relax, Doug loves to read and fix anything around the house that is broken... from washers and dryers to cars and water heaters to pool equipment! As a family, the most relaxing thing for them is snorkeling in the ocean! They love the feel of the ocean and the way it slows us down.

Up until COVID, Landen and Collin both played baseball in the spring and fall. Collin enjoys swimming and riding his bike and scooter. He loves building things out of Legos and he likes to read books. Landen loves everything computers. He recently built a computer out of parts! He plans on trying out this spring for Oak Ridge baseball he has been conditioning for the upcoming season. Corinne loves swimming, dancing, and playing Minecraft. And, she is crazy about all animals...especially cats! Her cat's name is Bella and is a big fluffy rag doll! She loves for Corinne to pick her up and carry her around like a dolly. It's really cute!

The Kelly family loves to give back to their community. A few of their favorite charities









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are Wounded Warriors, Shriners Hospital for Children, The Breast Cancer Research Foundation, American Red Cross, and our local women's shelter.

"This neighborhood is perfect for our family," says Tiffany! "The trails and parks, the big oak trees, and living so close to the lake are optimal. It feels like we live in the country but we are close to all of our favorite locally-owned businesses. The people we have

met have been very inviting and welcoming. El Dorado Hills is **HOME**. And, we are here to stay." *The Kelly Family*

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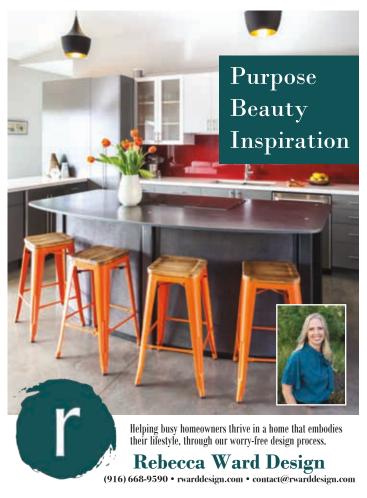














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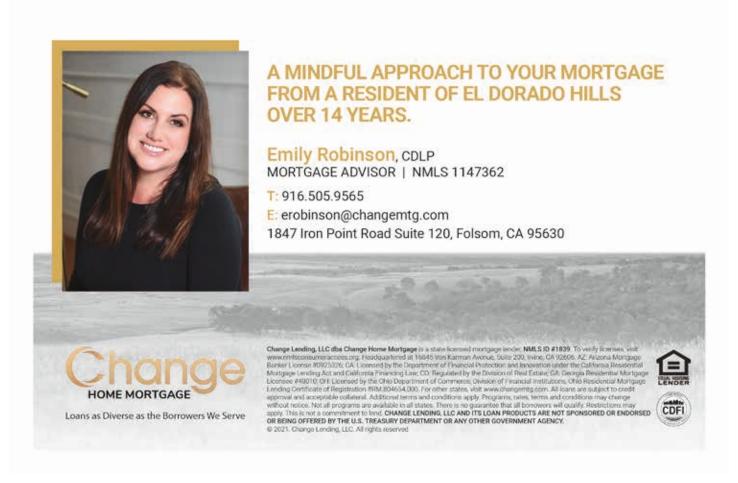
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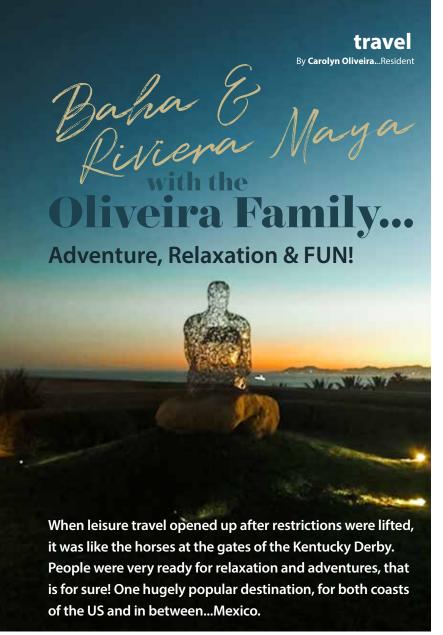
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Cabo San Lucas, a resort city on the southern tip of Mexico's Baja California Peninsula, is known for its beaches, water-based activities and nightlife. Dry, desert-like weather, great for outdoor activities as well as home to the Cabo San Lucas Marine Park, which is best known for its dramatic rock formations and wall dives. Adventurous type? Try swimming with whale sharks - did you know that as filter feeders, they eat only plankton and the occasional fish, so they're not dangerous to humans. Swimming with these majestic creatures is truly sensational.

On the other side of the country - there is, of course, the Riviera Maya, Cancun...known for its numerous all-inclusive resorts, such as those in the town of Playa del Carmen, and its beaches.

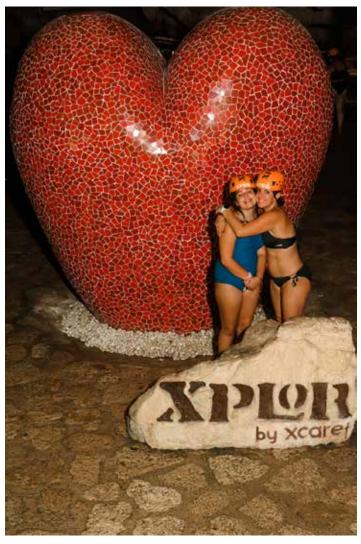
There is an opportunity for fun for all ages in Cancun. Your time spent could include floating or swimming in the numerous 'Cenotes' or underwater caves. (www.wikipedia.org/wiki/cenote) Or, sailing across the aqua-colored ocean to the beautiful island of Mujeres, 13 kilometers off the coast of Cancun, never disappoints. The trip itself is fabulous! Time on the island is equally wonderful. Visiting the ruins of Chichen Itza is a historical opportunity you can't miss. Although, strolling down the beautiful streets of Playa Del Carmen is a highlight, as well.







Does zip-lining high above the treetops of the Riviera Maya sound fun? If so, an excursion like the xPlor Park is an incredible adventure to be had in the Yucatán Peninsula.











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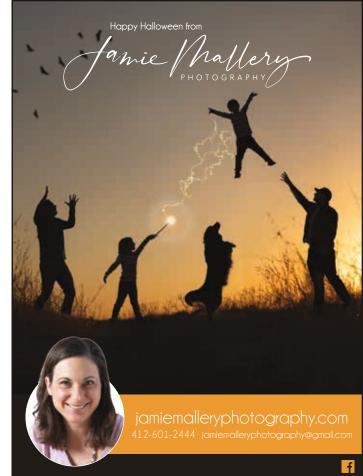
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loved lost...

Sweet Gus!











pet prodigies

A Tribute to Our Feathered Friend, Gus, the Goose (aka Broken Wing)

Gus, known to most golfers at Serrano Country Club (SCC), answered to all who extended a few nibbles to him. He was injured by an accident four years ago. His broken wing prevented him from flying. A member of SCC had Wildlife Rescue come and examine Gus. Wildlife said that his wing could not be repaired but that he looked to be in good health otherwise. They said that he would be safest to remain on the golf course, mostly protected from danger, because of the homes surrounding his setting. Gus' injury did not prevent him from happily flapping his wings and running towards us with a happy greeting. He wasn't afraid of people because he was cared for by many golfers who saw that he was defenseless. He trusted us to the point of eating out of our hands. We all worried about him when we hadn't seen him for a while, hoping that he hadn't been done in by a coyote or other animal. Sadly, it was a human "animal" that did him in, in a savage way.

Our pond at the 14th/15th hole has been trespassed upon for a long time by kids who feel it is their right to fish on a private golf course. It was one of the kids who was the culprit. Gus had no reason to fear humans, so we can only imagine that when he was approached, he didn't sense the danger. In the end, that may have been his demise.

Rather than give the villain any more attention and satisfaction by explaining the horror of his act, we'd rather end with a tribute to our loving goose. Here's to Gus, for warming our hearts. We miss your wings flapping and your hissing to greet us. I'm sure your goose buddies are missing all the treats! May you rest in peace and soar in heaven.



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closet choregraphy | By Jennifer Sattler...Resident & Owner Closet Choreography Photo Credit...Britt Honey Photography

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HEAD-TO-TOE DENIM

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A denim dress can be just as versatile as your little black one.

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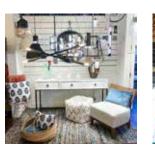




























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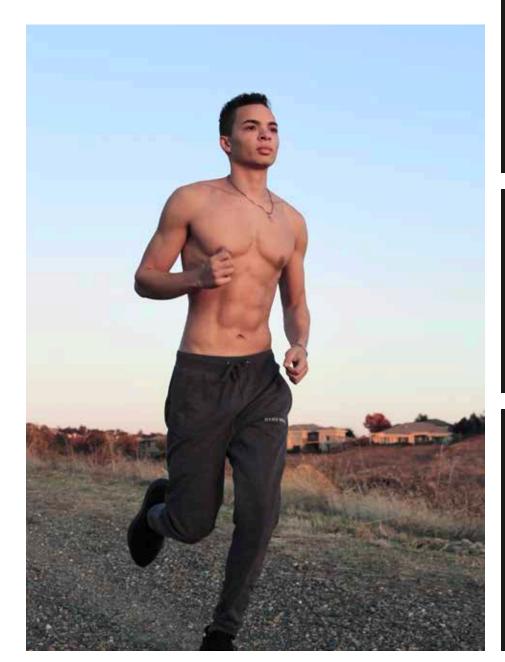


Back in October, deep in the midst of the pandemic, my 18-year-old brother Julius and I found ourselves stuck at home with more time on our hands than we had anticipated. As we were both completing our final senior years (his of high school, mine of college), we decided to go into business together. While most 22-year-olds might hesitate to go into business with their younger sibling, I had no doubt that between Julius' entrepreneurial past and my creative experiences, we would be a great team.

We realized that while stuck at home, it seemed that loungewear became our new best friend. Together we decided that there was a need for a loungewear company that was not only high quality and comfortable, but that also came at an affordable price. We set to work ordering samples and working with

distributors to find the perfect products to sell. We knew we found the right products when we began arguing over who got to keep the samples (especially our upcoming tracksuit).

Not only has this been a bonding experience between the two of us, but it has been exciting to know that people across the world are now rocking The Jogger Collection. Between the endless trips to the post office, late nights spent fulfilling orders, waking up at the crack of dawn for photoshoots, this project has taken a substantial amount of hard work and planning, but I do not regret a thing. With that being said, we are excited to be launching our upcoming fall/winter collection in a couple of weeks! We are super excited for what the future of The Jogger Collection has in store, and we can't wait for more people to fall in love with our clothes.

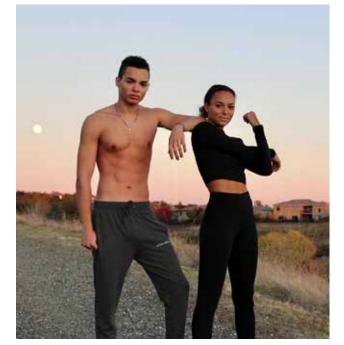


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BEGINS WITH A VISION AND
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JEFF CALLOWAY

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STYLE IS TO FEEL GOOD IN
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INES DE LA FRESSANCE





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INGREDIENTS

 $Roasted\ sweet\ potatoes$

- 1. 2 pounds sweet potatoes (3 to 4 medium sweet potatoes), peeled and sliced into 1-inch chunks
- 2.2 tablespoons olive oil
- 3. ½ teaspoon cayenne pepper (omit if sensitive to spice)
- 4.1/4 teaspoon fine sea salt

Spicy black beans

- 1. 1 tablespoon olive oil
- 2.1 small yellow or white onion, finely chopped
- 3. Fine sea salt
- 4.2 teaspoons ground cumin
- 5. 1/4 teaspoon chili powder
- 6.2 cans black beans, rinsed and drained (or 3 cups cooked black beans)
- 7. $\frac{1}{3}$ cup water
- 8.1 teaspoon sherry vinegar or lime juice
- 9. Freshly ground black pepper, to taste

$Avocado\text{-}pepita\ dip$

- 1. 2 avocados, pitted
- 2.1 cup lightly packed fresh cilantro (mostly leaves, some small stems are ok)
- 3. ½ cup pepitas
- 4.1 small jalapeño, seeded and roughly chopped, or $\frac{1}{4}$ teaspoon red pepper flakes (go easy if sensitive to spice)

- 5.2 cloves garlic, roughly chopped
- $\begin{tabular}{ll} 6.2 table spoons lime juice (about 1 medium lime) or 1 table spoon sherry vinegar \\ \end{tabular}$
- 7. 2 tablespoons water
- 8.½ teaspoon fine grain sea salt
- 9. Freshly ground black pepper, to taste

Everything else

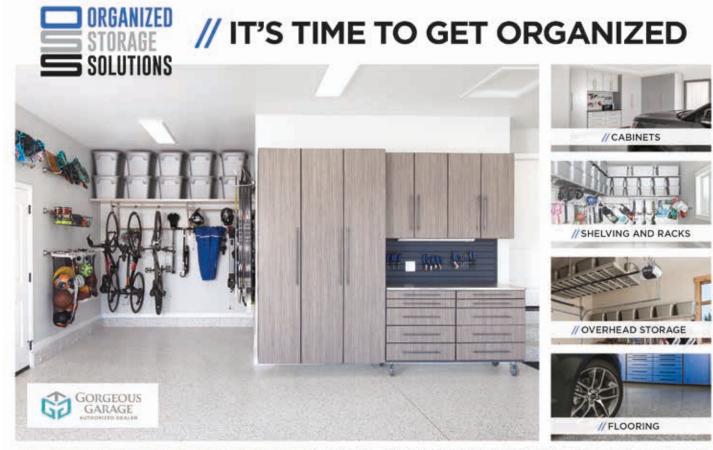
- 1. 8 to 10 small corn tortillas
- 2. Crumbled feta
- 3. Suggested garnishes: Pickled jalapeños or pickled radishes or pickled red onions, torn cilantro, hot sauce, etc.

INSTRUCTIONS

- 1. Roast the sweet potatoes: Preheat the oven to 425 degrees
 Fahrenheit and line a large, rimmed baking sheet with parchment paper for easy clean-up. Toss the prepared sweet potatoes with olive oil, cayenne pepper (if using), and salt. Arrange in a single layer and bake for 30 to 40 minutes, tossing halfway, until the sweet potatoes are tender and caramelizing at the edges.
- 2. Prepare the black beans: Warm the olive oil in a large sauce-pan over medium heat. Add the onions and a sprinkle of salt. Cook, stirring occasionally, until the onions have softened and are turning translucent, about 5 to 8 minutes. Add the cumin and chili powder and cook for about 30 seconds while stirring. Pour in the beans and water. Stir, cover, and reduce heat to maintain a gentle simmer.

- 3. Cook for 5 minutes, then remove the lid and use a potato masher or a fork to mash up at least half of the beans. Remove from heat, stir in the vinegar, season with salt (I added over ¼ teaspoon) and pepper, and cover until you're ready to serve.
- 4. Make the avocado dip: First, toast the pepitas in a skillet over medium heat, stirring often, until they are fragrant and starting to make little popping noises, about 5 minutes. Transfer to a bowl and set aside.
- 5. Scoop the avocado flesh into a food processor or blender. Add the cilantro, jalapeño, garlic, lime juice, water, and salt. Blend until smooth, scraping down the sides of the processor/blender as necessary. Add almost all of the pepitas (reserve a few tablespoons for garnish) and process just until the pepitas are chopped into small pieces (some remaining texture is desirable). Taste, and add more salt if necessary. Transfer the dip to a small bowl for serving.
- 6. To warm the tortillas, heat a large skillet over medium heat and warm the tortillas in batches, flipping to warm each side. Alternatively, you can warm them directly over a low flame on a gas range. Stack the warmed tortillas on a plate and cover them with a tea towel to keep warm.
- 7. To assemble the tacos, spread black beans down the middle of each tortilla, then top with some sweet potatoes and avocado-pepita dip. Garnish with feta, pepitas, and anything else that strikes your fancy. Repeat with remaining tortillas and serve.

https://cookieandkate.com/ sweet-potato-black-bean-tacos/



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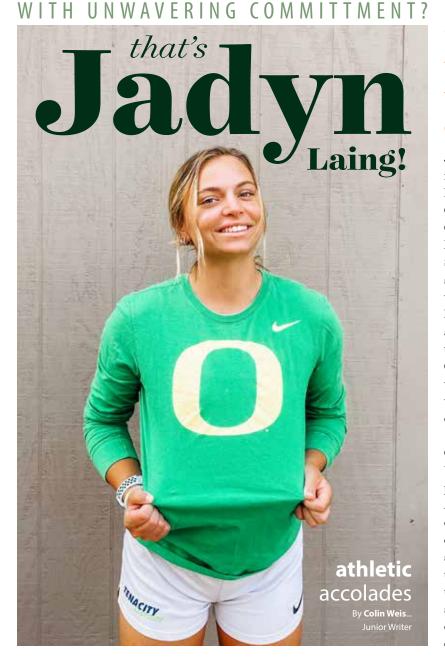
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TIRELESS, TENACIOUS, TENACIOUS, PLAYER







"Jayden was never tethered to success. Rather, through tireless commitment, she's created it." Colin Weis

Jadyn Laing, a senior at Oak Ridge High School, has intuitive ties to lacrosse, however, it is not only her lineage that ties Jadyn to her success in the game. Committed to play lacrosse at the University of Oregon, Laing has traveled to Florida, Massachusetts, Maryland, Pennsylvania, Delaware, Virginia, Palm Springs, and Tahoe participating in tournaments, showcases, and camps. Furthermore, she spent two weeks on the east coast this summer competing in lacrosse events. At Oak Ridge, Jadyn is recognized as an exceptional teammate, recalling an occasion to which she scored four goals in a 12-7 victory over Granite Bay, a critical game for two competitive teams while in front of a larger than conventional crowd. "It was an amazing feeling and even better to share the experience with my teammates that I love!"

Correspondingly, Jadyn's cousin is a member of the UC Davis women's lacrosse team, whom Oregon will play in the 2022 season. "I really idolize my cousin Ashley Laing, who is the goalie for the UC Davis women's lacrosse team, and I'm super excited to play her once I get to Oregon." Jadyn has handled a lacrosse stick for almost a decade, and during her high school tenure, she played on two highly regarded competitive lacrosse teams simultaneously. Tenacity Elite, a select team, required her to drive two hours, one way, every Sunday for practice. The lengthy commute was deemed 'worth it' by Jadyn who saw the advanced standard of play outweighing the obstructions most would allow to suspend them. The closure of sporting activities last year due to the COVID-19 pandemic resulted in Jadyn going to Oak Ridge's field four to five times a week and practicing with her friend, steadfast to the unwavering persona we witness in her today.

Jadyn states that lacrosse is a game of complexities, which requires timeless exertion and pinpoint execution to reach the pinnacle. She doesn't just benefit from good game situations, she creates them. "Fundamentals are so important and it takes so long to master them." Jayden was never tethered to success. Rather, through tireless commitment, she's created it.

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ARA ARICA Atreya... touching lives!



Erica Atreya

good vibrations

By **Erica Atraya**...El Dorado Hills Artist

My true passion for art is driven by my own suffering and advocacy for Fibromyalgia and mental health awareness. I use my art to be a voice for those who suffer from Fibromyalgia and other "invisible" illnesses.

Also, I use art to keep myself sane. You can see that in my creations, which range from showcasing my painful past to present plight and pleasures.

My hope is that my art helps to educate, enlighten and share the human experience; to reflect the suffering of those afflicted with disease, disability, and mental pain; all while reflecting the mysterious beauty of Mother Nature and the human experience of being connected to Mother Earth herself.

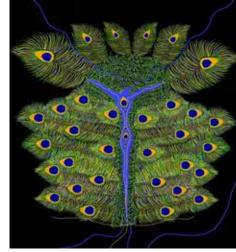
Creating art is and has been painful and difficult, but pain does not and will not stop me. I used to create art to escape my reality. I now create art to share my reality.

From Metro News May 2014

As an artist, Erica Atreya has taken a lot of inspiration from Frida Kahlo: 'I am not sick, I am broken. But I am happy as long as I can paint.'

It's this bittersweet, multi-layered complexity that drives Atreya's own work. Her paintings are rich in color and utilize fluid motions, but she paints surreal images that connote a duality of emotions. They evoke sadness and joy, frustration and exuberance, anger and acceptance. Her characters – usually people and/or animals – have a familiarity to them, but are warped and distorted in gorgeous ways. ~Aaron Carnes~











Covid Kiss..

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Real Estate ESOURCE

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Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Parking	\$/Sq Ft
3561 Leonardo Way	El Dorado Hills	\$1,025,000	\$1,025,000	08/10/21	3	3	4	3,143	2	326.12
2023 Impressionist Way	El Dorado Hills	\$1,090,000	\$1,090,000	07/12/21	5	3	4	3,885	3	280.57
3384 Greenview Dr	El Dorado Hills	\$1,325,000	\$1,475,000	07/21/21	7	5	5	4,606	3	320.23
6109 Western Sierra Way	El Dorado Hills	\$1,475,000	\$1,675,000	08/04/21	6	3	4	3,010	4	556.46
4044 Greenview Dr	El Dorado Hills	\$1,647,000	\$1,700,000	06/29/21	5	3	3	3,218	3	528.28
5465 Sur Mer Dr	El Dorado Hills	\$1,595,000	\$1,710,000	07/02/21	12	4	4	4,437	4	385.4
6105 Aldea Dr	El Dorado Hills	\$1,798,000	\$1,720,000	07/29/21	14	4	6	4,530	4	379.69
3404 Greenview Dr	El Dorado Hills	\$1,750,000	\$1,750,000	07/21/21	4	5	6	5,177	4	338.03
5009 Breese Cir	El Dorado Hills	\$1,775,000	\$1,800,000	08/20/21	9	4	5	4,348	3	413.98
194 Cosimo Ct	El Dorado Hills	\$2,200,000	\$2,150,000	07/20/21	97	4	5	4,296	4	500.47
4588 Echo Springs Cir	El Dorado Hills	\$1,499,000	\$1,580,000	06/18/21	13	4	3	3,000	3	526.67
4611 Echo Springs Cir	El Dorado Hills	\$1,595,000	\$1,660,000	06/15/21	25	4	4	4,282	4	387.67
4032 Raphael Dr	El Dorado Hills	\$2,325,000	\$2,300,000	08/02/21	8	5	6	4,722	4	487.08
736 Da Vinci Ct	El Dorado Hills	\$2,950,000	\$2,910,375	08/04/21	12	3	4	5,246	3	554.78
5310 Greyson Creek Ct	El Dorado Hills	\$1,899,000	\$1,915,000	05/07/21	5	6	5	5,565	4	344.12
6220 Aldea Dr	El Dorado Hills	\$2,100,000	\$2,100,000	06/04/21	1	3	3	2,967	3	707.79
4441 Gresham Dr	El Dorado Hills	\$2,495,000	\$2,400,000	05/20/21	125	4	4	4,804	5	499.58
300 Monaghan Ct	El Dorado Hills	\$2,748,000	\$2,748,000	05/17/21	1	4	4	4,397	6	624.97
5345 Da Vinci Dr	El Dorado Hills	\$2,250,000	\$2,250,000	06/01/21	0	4	5	4,387	4	512.88
6017 Aldea Dr	El Dorado Hills	\$2,175,000	\$2,175,000	06/24/21	0	5	7	5,523	4	393.81





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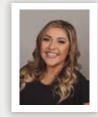
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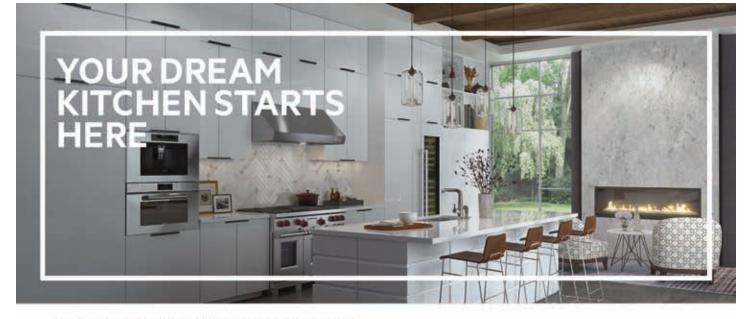
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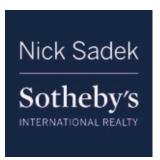
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Nick's business success is mirrored in his personal life with a marriage of 23 years to his wife, Dina, who is also a licensed real estate agent. They have two children, Danya and Adam.



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