

The Hills Living

SEPTEMBER 2021

A SOCIAL PUBLICATION FOR THE RESIDENTS OF SERRANO

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6103 SOUTHERNESS DRIVE LISTED AT \$1,149,000

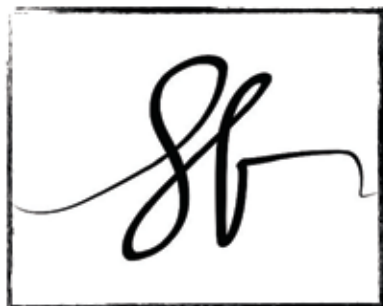


SINGLE STORY Serrano home features OWNED SOLAR, gated courtyard, formal dining room, freshly painted, plantation shutters & solar screens, great room w/fireplace, built-in cabinetry & surround sound, master bedroom suite w/outdoor access, sitting area, dual closets, soaking tub & walk-in shower. A second oversized bedroom has sitting/living area, built-in desk & full bath w/adjacent third bedroom. The backyard boasts Serrano room w/ceiling fan & sunscreen, stained concrete patios, pergola covered built-in BBQ w/granite tile counters & bar seating.

4243 CORDERO DRIVE \$3,900,000 LISTED BY PATRICIA SEIDE



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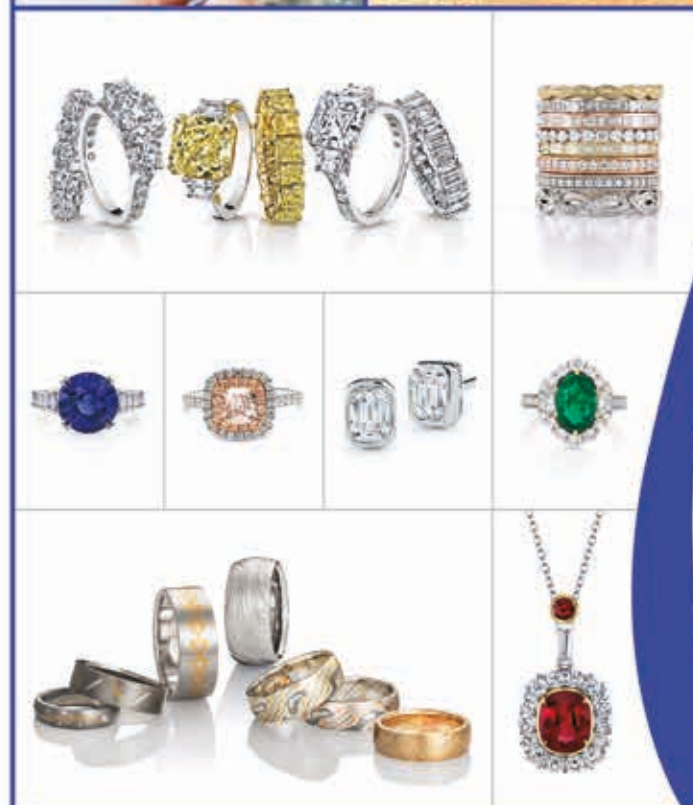
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publisher's note

Hey, September...

Let's Make this a
MONTH to Remember!

Dear Serrano Friends and Family,

This month, there will be no spoiler alerts, no movie trailers, no map to guide you through the pages, and no clues to lead you to the mystery of *THL's allure*! Let's do things the old-fashioned way and turn each page to find the hidden gems.

Since this issue has a couple of articles about connection and mental health, I thought it would be fitting to share this poem I wrote a few years ago. My hope is that it might inspire someone out there.

Jenny

Finding Me

Half my life was over, spent on being lost
Not like I imagined, picket fence and all

I flirted with the devil, my goal to self destruct
To silence all the voices saying, 'You're not good enough'

Lies were loudly screaming 'This is true' inside my head
Jumbled incongruities struggling to make sense

Rock bottom was a place I'd come to know extremely well
I'd always been afraid of it...this nightmare straight from hell

This time I embraced the rocks, set up camp, and stayed
Allowed the process to unfold and walked out unafraid

Don't get me wrong...this was the hardest thing I've ever done
I took despising who I was and turned it into love

That's right I learned to love myself and even like me, too
A cleansing of my heart and soul, my life began anew

The hopelessness subsided...a zest for life sprung forth
Joy filled every crevasse and gratitude was born

Now I see my life and shake my head in disbelief
This courageous painful journey held the key to finding me

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meet the team

Month In, Month Out...

Best Team, NO Doubt!



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Thanks to the THL team and to all the residents who sent in content this month!
Without all of you, THL magazine wouldn't be possible. Jenny #blessedandgrateful





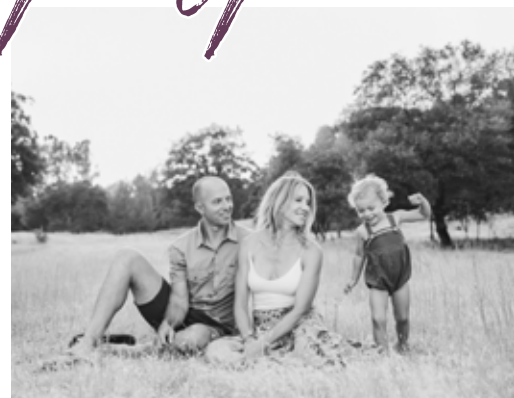
outdoors with the **Cassidy-Carter Family...**

Enjoying the SIMPLE Life!

this is us

Lukas Carter, originally from Ohio, grew up in the Folsom area. Lukas has worked for the Folsom Fire Department for 20 years. Erin Cassidy, also from the Midwest, grew up in Chicago but has lived in Northern California for more than 15 years. Erin is a physician assistant specializing in concierge aesthetics and surgery. She offers Botox, fillers, micro-needling, and medical-grade skincare in the comfort of your home or in the clinic setting. Her business began as a referral-based business so she has a personal connection with all of her clients. You can find out more about her services via Instagram or Facebook.

Lukas and Erin have been together for 11 years. They have a 2-year-old daughter, Ella Joy, and a 12-year-old puppy, Carly. In their free time, they enjoy mountain biking and paddle boarding with Ella Joy. You might even catch them riding their bikes around town with Ella riding shotgun.



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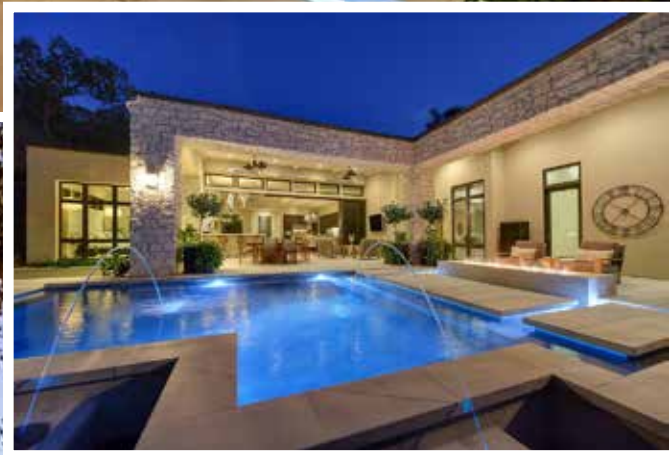
They love the neighborhood because of all the parks, trails and so many things to do close to home. Ella enjoys riding bikes and scooters with all the neighborhood kids. When they're not out adventuring, they enjoy time by the pool, gardening, cooking, and hanging with friends.

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living spaces

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Residents and Realtors

This stunning modern custom home, built in 2015 by Lee Luxury Homes, is located in a beautiful wooded cul-de-sac setting near the Serrano Country Club. The residence changed hands earlier this year, selling for its asking price of \$2,748,000 in a single day. Maura Tierney of Tierney Real Estate Group represented both parties in the transaction. The lucky new owners are Serrano locals who fell in love with the home's contemporary architectural detail and exquisite interior and exterior design elements.

French white oak plank flooring and floor-to-ceiling windows establish a comfortable yet sophisticated feel throughout. The expansive main living area incorporates the gourmet kitchen with Thermador appliances, a Texas limestone wall with an embedded conditioned 300+ bottle wine cellar, and stacked sliding glass doors opening to a magnificent private outdoor living space. With its six-car garage, home and pool solar, and state-of-the-art home management, entertainment and security system, this spectacular property exemplifies luxury living in Serrano! ...



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Lulu...

Stealing HEARTS on the Hill!

in the 'hood

By **Neely Lawton**...Resident

Luella Lawton Reidenbach, “Lulu,” was born in March in Sacramento. Parents Jason Reidenbach and Neely Lawton, sister Hailey Reidenbach, and dog sister Lola are all thrilled to welcome this little bundle of joy. Lulu was named for her great-great-grandmother, Lulu Neely.

Lulu was born on her due date weighing 5 pounds 5 ounces. Everyone thought she would be petite like her mom but she has since grown tremendously sporting Jason’s long legs. Most people comment that she looks like Jason but has Neely’s personality.

Lulu lights up with music...all kinds from Mozart to Red Hot Chili Peppers. She also loves going outside to look at the flowers. Like her mom, she is a great sleeper and loves to laugh.



Baby Lulu...



Hailey Reidenbach and Jason Reidenbach, Lulu and Neely Lawton-Reidenbach...

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Maui

with 2 FAMILIES...

The Westin luau was the best part of the trip! Food was great, the dancing was incredible and the storytelling captivating. The kids especially liked the fire dancers.

The Easter bunny found us and brought some themed baskets before we took off for Hana.

We drove to Hana...the back way and all the way around (gravel, single-lane road and very dangerous). When we finally got to the state park for our beautiful waterfall hike, it was pouring rain. We ditched the hike and found a waterfall on the side of the road, then ended up in Kihei, where we had dinner at Maui Brewing.

One morning, we visited a petting zoo in Lahaina. It was way better than any of us expected. We fed cows, pigs, horses...saw beautiful peacocks showing off, got to hold frogs, have an Easter egg hunt, go fishing, sit



fun in the sun, sand, and surf!

Who

Armocido family - Nick, Brittney, Maverick, Bryce, Ashton
McCarthy family - Mike, Janelle, Miles, Mace

Background and fun facts: Brittney Armocido and Janelle McCarthy both graduated from Oak Ridge (2006). Our kids all go to school together in EDH.

We stayed at the family's vacation house in Kaanapali. Brittney went to school in Oahu. Janelle hula dances in EDH. We have had many memorable experiences from cutting a rug at prom to sky-diving in Oahu. From birthdays in Vegas to weddings and babies.





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...

with bunnies and so much more! The owner did an incredible job showing us the property. Highly recommended for little ones in Maui.

We spent another morning at a coconut farm. It was a little boring, but we did try a bunch of coconuts. Afterward, we went to Lahaina Baby Beach. This was a beach none of us had been to and it was a foot deep for a long way out. Everyone loved this safe beach, and there was plenty of sea glass to collect.

Later on, we went to Mala Tavern in Lahaina. It should have been perfect--the live acoustic female artist was wonderful, the views, food, and service amazing--but the *wind*. Holy cow, are we in Kansas?! We watched a patio umbrella take off and dent a nearby car. Still, a nice time despite the chaos around us.



We did a beautiful beach trail called Kapalua Trail. We walked on rocks right along the beach, seeing crabs, tide pools, and caves.

We took a sunset cruise on a Catamaran where we saw dolphins right in front of our boat and whales splashing nearby. We sat on the nets, listened to the ukulele, and drank guava cocktails.



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Jessie...
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pet of the month

By David and Vivian Kane...Residents

Jessie became a beloved member of the Kane family of El Dorado Hills in late 2017. Adopted from a litter of pups given up to a dog rescue group in Trinity County, CA, she endeared herself by howling the entire three-hour drive home. She is mostly a mix of Australian shepherd and border collie.

Jessie spent her early puppyhood with Bailey, a gentle giant Great Pyrenees dog. Bailey taught Jessie her “dog manners” and patiently endured Jessie’s boundless energy. Bailey sadly passed before Jessie’s first birthday, leaving Jessie as the only dog in the family for a while.

As a herding dog breed, Jessie needed a job to do. From an early age, Jessie showed the temperament, obedience, and affection to be a therapy dog candidate – a dog trained to provide comfort and affection in places such as nursing homes, schools, and hospitals. In early 2020, Jessie passed her



Jessie and Bodie chilling on the couch...



Bailey and Jessie...



Jessie with friend, Bella...

testing with flying colors to become certified as a Therapy Dog by the Alliance of Therapy Dogs.

Jessie’s work as a therapy dog – child reading programs, senior home visits, and other activities – came to a sudden halt when the pandemic arrived and suspended most public events. She most recently resumed her work at a COVID vaccine event, providing reassurance to over 200 young attendees.

In late summer 2020, Jessie welcomed a puppy named Bodie to her pack. Now it was Jessie’s turn to be the teacher, a job that she seemed to relish. Along with walks around the Lake Forest area and greeting their many human and canine friends, they can often be found hiking at (and swimming in) Folsom Lake. They love taking trips in the family motorhome with their human family members, Vivian and Dave Kane, and napping together on the couch. It’s truly a dog’s life!



Bodie and Jessie near Mendocino...



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athletic accolades

By Colin Weis...Junior Writer



“Becoming a good player comes with time.”

- *Ella Ray*

When she undertook basketball in Elementary School, Ella Ray was identical to the broad number of girls keen on their success, reverberating her fourth-grade coach’s psyche of “work hard, play hard.” Ella did not exclusively handle these mentoring words through the advancement of her skill, but basketball’s abiding presence throughout time. Eventually, time’s irremovable occasions came as Ella competed on Jason Kidd’s preferred basketball team, a former NBA all-star, champion and coach, who was recently inducted into the Basketball Hall of Fame, along with meeting Stephen Curry, essentially her sports deity.

Presently, Ella is a rising senior at Oak Ridge High School and plans to study at the University of Pennsylvania (UPenn) next year. Moreover, she will participate in the university’s women’s basketball program, with the promise of further opportunities for basketball highlights; “playing hard as a team, and being rewarded with a win.” Ella is a representative of both her Oak Ridge varsity and travel basketball teams, touring locations across the U.S., while she concurrently participates in tournaments and camps, as well. However, through her copious training, Ella states that “consistency is what brings you furthest as a player.” Consistency is what creates the ceaseless mentality needed to sustain herself in basketball, leaving others behind.

Tabitha, a personal trainer for Ella, has unfolded into Ella’s North Star throughout her basketball tenure; “I strive to be like her, as a player.” It is unmistakable Ella has been molded by her mentors in the beginning and midst of her basketball career, understanding the emphasis on her coaches’ positions in time, rather than their



talent’s stature. Ella recalls that her fourth-grade coach was as fundamental as her trainer Tabitha, who came later, reinforcing to her that we are not characterized in our present hour, but instead on the lessons we teach. As for Ella, her clock has just been reset.



Ella
RAY...

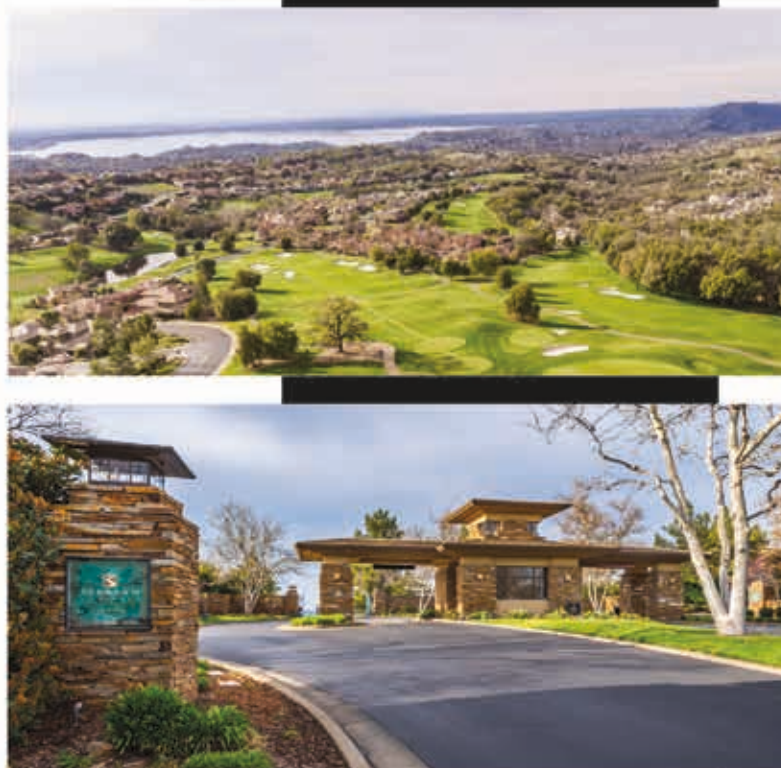
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good to know

By Carolyn Oliveira...Resident Writer

the ART of listening...

Is Technology REPLACING Connection?

Technology. Gotta have it, can't live without it. But of course, with the ever-changing "upgrades," there are so many things to think about when our society was much "simpler."

Consider the "art" of listening, as one example. With our eyes, ears, our senses. Listening to each other, and being aware of what is going on around us. Hearing what people are expressing, their thoughts and feelings, not just with words, but their eyes, and body language. It seems we are sadly replacing some of our most intricate yet innate humanistic behaviors with technology.

Research studies are understanding more about technology and its effects on young people, but now more and more attention is being given to the Senior community when it comes to technology usage. Some may be surprised that a recent *Pew Research Center* (<https://www.pewresearch.org>) analysis of Bureau of Labor Statistics data found that "Americans ages 60 and older—a group increasingly populated by aging Baby Boomers—spend more than half of their daily leisure time (just over four hours) on their TVs, computers, tablets or other electronic devices," according to Pew's Gretchen Livingston.

Although the Baby Boomer and older generations are more technologically advanced than some may give credit for—it is even more important for us to respect and understand those senior adults who waiver in between the old and the 'new.' Consider though, that the 'art' of active listening behooves all of us in helping to make communication more effective, reducing the chances of miscommunication and empowering ourselves effectively. Teaching (or reteaching) ourselves to be present and patient with different communication styles, also helps our Senior community to see that they have importance and value.

We all have stories to share, and if we take the time to listen, we may gain wisdom and at the same time make a difference in another human's life.

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Be You Find Happy

You Don't Know *me...*

the benefit of
ripping off bandaids!



By Michaela Johnson...

I've been incredibly inundated lately with emotions, and it's been a super beautiful experience. I've come to know that experiencing our emotions wildly is a part of the gift of being human. There's no way we could appreciate happiness without pain. There's no way we could move through frustration without knowing that a sense of peace or achievement exists on the other side.

I've felt completely in awe of myself and completely disappointed in myself. I've felt like I could achieve anything I could put my mind to, and positively could not do a single thing right. All in a matter of weeks.

I think in some way we are all detoxing from 2020. Everything that we used to fill the gaps in life was stripped of us. In some way, we all had to redefine the meaning of life. For me, that came with an immense shedding of the way I used to live my life. A planner...a Type A'er. A perfectionist. A prude. These labels served me for a long time. Until they didn't.

I allowed these patterns to keep me afloat for many years. If something was broken, I slapped a bandaid on it and moved forward. Living in flow wasn't within my consciousness because I was too busy fixing everything and being angry or overly excited.

If you know me well, you know I'm big on astrology. I believe it provides a lot of insight. Every quarter, I meet with an amazing lady, Sandy Revue, who is my astrologer and shares with me where the planets are in my houses and makes sense of things I intuitively feel.



Sandy shared with me quite a few months back what Pluto is doing in my chart, and will be through October 2022. It's a complete shedding, like a snake, of my skin. It's completely changing inside out and how the world sees me is different, too. This means I'm ripping off a lot of bandaids.



I have spent most of my life choosing relationships and things that were similar in nature to try to heal. I have recently begun to realize that once we begin to awaken, we can heal the wound on our own. We don't need to choose painful situations and others to show us.

For so many years we've been sticking bandaids on our wounds. There comes a time when the bandaid needs to be ripped off with intention...the wound reopened and stitched up properly. From there, we admire the scar with pride. It becomes a story of healing and not one of pain.

Pluto and the shedding, being left with messy bandaid sticky marks, has required me to do a lot of work. I have felt immense sadness and confusion and tremendous peace knowing that it's aligning me with my greater soul purpose.

My guess is that you ripped a few bandaids off in 2020, maybe with intention, maybe not.

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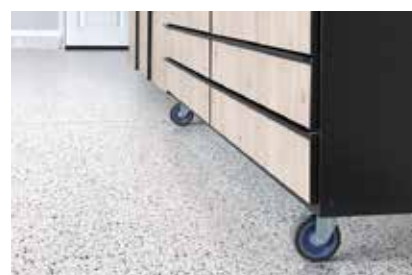
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rockin' recipes

By Jennifer Holly...Resident

Ingredients

- 4 ½ cups coarsely chopped, peeled peaches
- 2 cups fresh raspberries
- 2 cups fresh blackberries
- ⅓ cup orange juice
- ¼ cup sugar
- 3 tablespoons Triple Sec
- 1 teaspoon grated lemon rind
- 1 (10-inch) round angel food cake

Directions

- Combine first seven ingredients in a large saucepan; bring to a boil. Reduce heat; simmer 10 minutes, stirring occasionally. Set aside.
- Cut cake into one-inch-thick slices; cut each slice in half diagonally to make two triangles. Line the bottom and sides of a three-quart straight-sided glass bowl or trifle bowl with half of the cake pieces; spoon half of peach mixture into cake-lined bowl. Arrange half of remaining cake pieces over the peach mixture, and spoon remaining peach mixture over cake. Top with remaining cake pieces.
- Place plastic wrap on surface of cake pieces, and place a small plate on top of plastic wrap; place a one-pound can on plate to firmly press mixture. Chill for eight hours. Remove plate and plastic wrap. Garnish with additional fresh berries, if desired. Serve with custard: optional.

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3022 Vermeer Ct	El Dorado Hills	\$1,100,000	\$1,200,000	06/22/21	3	4	4	3,053	3	\$393.06
2530 Orsay Way	El Dorado Hills	\$1,235,000	\$1,200,000	06/10/21	82	5	5	4,783	3	\$250.89
4360 Cordero Dr	El Dorado Hills	\$1,300,000	\$1,350,000	05/10/21	12	4	3	3,736	3	\$361.35
3394 Greenview Dr	El Dorado Hills	\$1,295,000	\$1,425,000	05/04/21	4	5	5	4,889	4	\$291.47
3384 Greenview Dr	El Dorado Hills	\$1,325,000	\$1,475,000	07/21/21	7	5	5	4,606	3	\$320.23
3338 Greenview Dr	El Dorado Hills	\$1,595,000	\$1,545,000	05/18/21	75	5	4	4,187	3	\$369.00
4588 Echo Springs Cir	El Dorado Hills	\$1,499,000	\$1,580,000	06/18/21	13	4	3	3,000	3	\$526.67
4611 Echo Springs Cir	El Dorado Hills	\$1,595,000	\$1,660,000	06/15/21	25	4	4	4,282	4	\$387.67
6003 Western Sierra Way	El Dorado Hills	\$1,850,000	\$1,662,000	05/12/21	30	6	5	6,236	4	\$266.52
4044 Greenview Dr	El Dorado Hills	\$1,647,000	\$1,700,000	06/29/21	5	3	3	3,218	3	\$528.28
5465 Sur Mer Dr	El Dorado Hills	\$1,595,000	\$1,710,000	07/02/21	12	4	4	4,437	4	\$385.40
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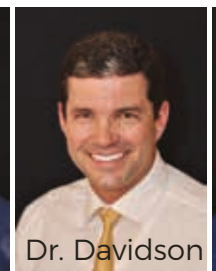
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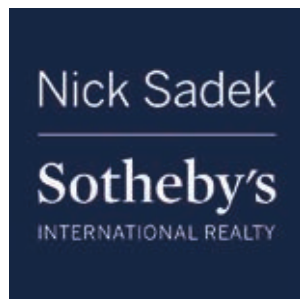
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